

三藩市(翡翠台)有線電視簡介

SF Cable (TVB) Introduction

頻道簡介

翡翠台，是三藩市地區的專屬電視綜合頻道，節目內容涵蓋熱門劇集、經典劇集、香港、北美和世界各地的每日新聞、以及各種訪談節目等。

(語言：廣東話；字幕：繁體中文)



Channel Introduction

Jade Channel is a general entertainment channel especially tailored for the San Francisco area. It features the popular dramas, classic dramas, daily news from Hong Kong, the United States, and around the world, as well as various talk shows.

(Language: Cantonese;
Subtitle: Traditional Chinese)



<div>TVB</div>			<div>TVB 三藩市(翡翠台) 有線電視</div> <div>節目如有更改以電視台最後公佈為準 或參閱網址 www.tvbusa.com</div>			<div>2026年11月份節目表</div> <div>Issue Date: 10/26/2026 Revised: 10/27/2026</div>		
西岸	星期一至五	日期開始	西岸	星期六	日期開始	西岸	星期日	日期開始
6:00 AM	東張西望 (重播)		6:00 AM	東張西望 (重播)		6:00 AM	東張西望 (重播)	
6:30	香港, 國際新聞		6:30	香港, 國際新聞		6:30	香港, 國際新聞	
8:30	流行都市							
9:15	美食強人 (重播)		9:00	地球大神秘	11/7	9:00	隔山買假期 數你條命	11/8
	跟風旅行團 (重播)(11/20 暫停)	11/17						
	相約澳門「京」豔之旅(唯11/20 9:15am-10:15am)		9:30	見步行步 台灣篇 (11/21 暫停)	11/7			
9:45	處境喜劇 (重播): . 愛·回家之三代同糖 (11/20 暫停)			跟風旅行團 (重播)(唯11/21)		9:30	你想點煮姐	
10:15	星期一 今日有樓睇		10:00	周六聊Teen谷		10:00	日本限定Super遊	11/1
	星期二 新聞拘實		10:30	美食新聞周報		10:30	香港系列之細間始終你好	11/1
	星期三 今日有樓睇							
	星期四 樓計專家		11:00	思家大戰		11:00	直播靈接觸	
	星期五 今日有樓睇		11:30	新聞透視				
10:45	娛樂新聞報道		12:00 PM	香港, 國際新聞		12:00 PM	香港, 國際新聞	
11:15	劇集: . 璀璨之城 . TBC (11/19 暫停)	11/9	12:30	最強生命線		12:30	講清講楚 愛上我的衰神	
	Danny's Last Summer 結他·低泣·童年時 (唯11/19)		1:00	愛上我的衰神	11/7	1:00	愛上我的衰神	
12:15 PM	香港, 國際新聞					2:00	邵逸夫獎2026 星期日檔案	11/1 11/15
12:45	精選劇場: . 鐵拳英雄 . 逆天奇案	11/5	2:00	鐵子廝山窿 自然系女子旅行	11/21			
1:40	流行都市		2:30	見步行步 台灣篇 (重播)(11/21 暫停)	11/7	2:30	30分鐘收工料理	
2:25	東張西望			跟風旅行團 (唯11/21)		3:00	隔山買假期 (重播) 數你條命 (重播)	11/8
2:50	劇集: . 剝繭 (11/19 暫停)	11/2	3:00	地球大神秘 (重播)	11/7	3:30	娛樂新聞報道	
	大師兄Thank You Very Much感謝祭 (唯11/19 2:50pm-4:15pm)		3:30	娛樂新聞報道		4:00	Hands Up	
3:45	處境喜劇: . 愛·回家之三代同糖 (11/19 暫停)		4:00	Hands Up		4:30	香港系列之細間始終你好 (重播)	11/1
4:15	Hands Up		4:30	思家大戰 (重播)		5:00	你想點煮姐 (重播)	
4:45	娛樂新聞報道 (重播)					5:30	日本限定Super遊 (重播)	11/1
5:15	美食強人 跟風旅行團 (11/19 暫停)	11/16	5:00	周六聊Teen谷 (重播)		6:00	隔山買假期 (重播) 數你條命 (重播)	11/8
	聽我講：一齊企硬 唔take嘢！(唯11/19)		5:30	最強生命線 (重播)		6:30	財經透視	
5:45	INFO / 時事資訊		6:00	新聞透視 (重播)		7:00	香港, 國際晚間新聞 娛樂新聞報道 (重播)	
6:00	翡翠劇場: . 機場特警 . 輕·功	11/23	6:30	美食新聞周報 (重播)		7:30	娛樂新聞報道 (重播)	
7:00	美加新聞		7:00	香港, 國際晚間新聞		8:00	邵逸夫獎2026 (重播) 星期日檔案 (重播)	11/1 11/15
7:30	處境喜劇:(重播) . 愛·回家之三代同糖 (11/19 暫停)		7:30	娛樂新聞報道 (重播)	11/7	8:30	試真D嘢 弊傢伙!有嘢唔見咗!	11/22
8:00	劇集:(重播) . 璀璨之城 . TBC (11/19 暫停)	11/9	8:00	鐵子廝山窿 (重播) 自然系女子旅行 (重播)	11/21			
	萬千星輝賀台慶 (唯11/19 8:30pm-11pm)		8:30	怪宿宿2想天開 (11/21 暫停) 邵逸夫獎2026頒獎典禮 (唯11/21)		9:00	女神配對計劃2	
9:00	星期一 今日有樓睇 (重播)					10:00	香港系列之細間始終你好 (重播)	11/1
	星期二 新聞拘實 (重播)		9:00	香港連場好戲 一周星星	11/7	10:30	呢度都有外星人	
	星期三 今日有樓睇 (重播)(11/19 7:30pm-8pm)		9:30			11:30	東張西望	
	星期四 樓計專家 (重播)		10:15	J Music				
	星期五 今日有樓睇 (重播)		11:00	見步行步 台灣篇 (重播)(11/21 暫停) 跟風旅行團 (重播)(唯11/21)	11/7			
9:30	香港, 國際晚間新聞 (11/19 8pm-8:30pm)		11:30	東張西望				
10:00	黃金劇場: . 剝繭 (11/19 暫停)	11/2						
11:00	美食強人 (重播) 跟風旅行團 (重播)(11/19 暫停)	11/16						
	聽我講：一齊企硬 唔take嘢！(重播)(唯11/19)							
11:30	東張西望 (重播)							
西岸	星期二至六	日期開始	西岸	星期日	日期開始	西岸	星期一	日期開始
12:00 AM	香港·國際午間新聞		12:00 AM	香港·國際午間新聞		12:00 AM	香港·國際午間新聞	
12:30	精選劇場(重播): . 鐵拳英雄 . 逆天奇案	11/6	12:30	最強生命線 (重播) 一周星星 (重播)		12:30	你想點煮姐 (重播)	
1:20	美加新聞 (重播)		1:45	娛樂新聞報道 (重播) ** 夏令時間結束 (Extra 1hr program) 讓我們重新認識陳慧嫻 (唯11/1)		1:00	30分鐘收工料理 (重播)	
1:45	劇集 (重播): . 璀璨之城 . TBC (11/20 暫停)	11/10	2:00	新聞透視 (重播)		1:30	娛樂新聞報道 (重播)	
	Danny's Last Summer 結他·低泣·童年時 (重播)(唯11/20)		2:30	美食新聞周報 (重播)		2:00	財經透視 (重播)	
2:35	娛樂新聞報道 (重播)		3:00	思家大戰 (重播)		2:30	邵逸夫獎2026 (重播) 星期日檔案 (重播)	11/2 11/16
3:00	香港·國際午間新聞 (重播)		3:25	周六聊Teen谷 (重播)		3:00	日本限定Super遊 (重播)	11/2
3:25	翡翠劇場 (重播) . 機場特警 . 輕·功	11/24	3:50	香港 國際午間新聞(重播)		3:25	隔山買假期 (重播) 數你條命 (重播)	11/9
4:15	處境喜劇:(重播) . 愛·回家之三代同糖 (11/20 暫停)		4:15	鐵子廝山窿 (重播) 自然系女子旅行 (重播)	11/22			
	大師兄Thank You Very Much感謝祭 (唯11/20 4:15am-5:30am)		4:40	阿媽唔信我去亞馬遜 (重播) 見步行步 台灣篇 (重播)(11/22 暫停)	11/8	3:50	香港 國際午間新聞(重播)	
4:40	劇集 (重播黃金劇場) . 剝繭 (11/20 暫停)	11/3		跟風旅行團 (重播)(唯11/22)		4:15	香港系列之細間始終你好 (重播)	11/2
5:30	娛樂新聞報道 (重播)		5:05	野外步出3玩野加大馬 (重播)		4:40	直播靈接觸 (重播)	
			5:30	地球大神秘 (重播) 娛樂新聞報道 (重播)	11/8	5:30	娛樂新聞報道 (重播)	

  TVB SF(Jade) Cable 			2026 November Program Schedule Issue Date: 10/26/2026 Revised: 10/27/2026		
PST Mon - Fri			PST Saturday		
Date Start			Date Start		
6:00 AM Scoop (Repeat) 6:30 Hong Kong, World News 8:30 Big City Shop 9:15 Big Feast Duel (Repeat) Follow Me To Seoul (Repeat)(11/20 Pre-empted) Rendezvous in Macau Lisboa Culinary Adventure (11/20 only 9:15am-10:15am) 9:45 Drama (Repeat): . Like Mother, Like Daughter (11/20 Pre-empted) 10:15 Mon. Property Today Tue. News Treasury Wed. Property Today Thur. Property Experts Fri. Property Today 10:45 Entertainment News 11:15 Drama : . This City Never Sleeps . 玫瑰戰爭 (11/19 暫停) Danny Summer Special 2025 (11/19 only) 12:15 PM Hong Kong, World News 12:45 Drama: . The Righteous Fists . Sinister Beings 1:40 Big City Shop 2:25 Scoop 2:50 Drama: . The Truth Within (11/19 Pre-empted) Super Trio - Thank You Very Much Special (11/19 only 2:50pm-4:15pm) 3:45 Sit-com: . Like Mother, Like Daughter (11/19 Pre-empted) 4:15 Hands Up 4:45 Entertainment News (Repeat) 5:15 Big Feast Duel Follow Me To Seoul (11/19 Pre-empted) Listen to Me: Let's Stand Firm. Knock Drugs Out! (11/19 only) 5:45 INFO / Current Affairs & Information 6:00 Jade Drama: . Airport Strikers . Go With The Float 7:00 US-Canada News 7:30 Sit-com (Repeat) . Like Mother, Like Daughter (11/19 Pre-empted) 8:00 Drama:(Repeat) . This City Never Sleeps . TBC (11/19 Pre-empted) TVB 59th Anniversary Gala (11/19 only 8:30pm-11pm) 9:00 Mon. Property Today (Repeat) Tue. News Treasury (Repeat) Wed. Property Today (Repeat)(11/19 7:30pm-8pm) Thur. Property Experts (Repeat) Fri. Property Today (Repeat) 9:30 Hong Kong, World News Roundup (11/19 8pm-8:30pm) 10:00 Gold Drama: . The Truth Within (11/19 Pre-empted) 11:00 Big Feast Duel (Repeat) Follow Me To Seoul (Repeat)(11/19 Pre-empted) Listen to Me: Let's Stand Firm. Knock Drugs Out! (Repeat)(11/19 only) 11:30 Scoop (Repeat)			6:00 AM Scoop (Repeat) 6:30 Hong Kong, World News 9:00 Shock Mystery (Sr.3) 9:30 I Go To Taiwan On Foot (11/21 Pre-empted) Follow Me To Seoul (Repeat)(11/21 only) 10:00 ChatSAT 10:30 Gourmet Express Weekly 11:00 Family Feud (Sr.2) 11:30 News Magazine 12:00 PM Hong Kong, World News 12:30 Vital Lifeline 1:00 Hello Misfortune 2:00 Her Railway Trip The Joy Of Nature (Sr.3) 2:30 I Go To Taiwan On Foot (Repeat)(11/21 Pre-empted) Follow Me To Seoul (11/21 only) 3:00 Shock Mystery (Sr.3) (Repeat) 3:30 Entertainment News 4:00 Hands Up 4:30 Family Feud (Sr.2) (Repeat) 5:00 ChatSAT (Repeat) 5:30 Vital Lifeline (Repeat) 6:00 News Magazine (Repeat) 6:30 Gourmet Express Weekly (Repeat) 7:00 Hong Kong World News Roundup 7:30 Entertainment News (Repeat) 8:00 Her Railway Trip (Repeat) The Joy Of Nature (Sr.3) (Repeat) 8:30 Travelodd (Sr.2)(11/21 Pre-empted) The Shaw Prize Award Presentation 2026 (11/21 only) 9:00 Hong Kong Good Take 9:30 Star Weekly 10:15 J Music 11:00 I Go To Taiwan On Foot (Repeat)(11/21 Pre-empted) Follow Me To Seoul (Repeat)(11/21 only) 11:30 Scoop		
PST Sunday			PST Sunday		
Date Start			Date Start		
6:00 AM Scoop (Repeat) 6:30 Hong Kong, World News 9:00 Merry-go-ground Ask A Depp Question 9:30 Jei Jei Learns To Cook 10:00 Super Travels Limited 10:30 Hong Kong: Never Too Small 11:00 You Are Not Alone Again 12:00 PM Hong Kong, World News 12:30 On The Record 1:00 Hello Misfortune 2:00 The Shaw Prize Special 2026 Sunday Report 2:30 Cooking For You 3:00 Merry-go-ground (Repeat) Ask A Depp Question (Repeat) 3:30 Entertainment News 4:00 Hands Up 4:30 Hong Kong: Never Too Small (Repeat) 5:00 Jei Jei Learns To Cook (Repeat) 5:30 Super Travels Limited (Repeat) 6:00 Merry-go-ground (Repeat) Ask A Depp Question (Repeat) 6:30 Finance Magazine 7:00 Hong Kong World News Roundup 7:30 Entertainment News (Repeat) 8:00 The Shaw Prize Special 2026 (Repeat) Sunday Report (Repeat) 8:30 Try It? Really? (Sr.2) Something's Missing 9:00 A Date with Goddess (Sr.2) 10:00 Hong Kong: Never Too Small (Repeat) 10:30 Alien Is Coming To Town 11:30 Scoop			6:00 AM Scoop (Repeat) 6:30 Hong Kong, World News 9:00 Merry-go-ground Ask A Depp Question 9:30 Jei Jei Learns To Cook 10:00 Super Travels Limited 10:30 Hong Kong: Never Too Small 11:00 You Are Not Alone Again 12:00 PM Hong Kong, World News 12:30 On The Record 1:00 Hello Misfortune 2:00 The Shaw Prize Special 2026 Sunday Report 2:30 Cooking For You 3:00 Merry-go-ground (Repeat) Ask A Depp Question (Repeat) 3:30 Entertainment News 4:00 Hands Up 4:30 Hong Kong: Never Too Small (Repeat) 5:00 Jei Jei Learns To Cook (Repeat) 5:30 Super Travels Limited (Repeat) 6:00 Merry-go-ground (Repeat) Ask A Depp Question (Repeat) 6:30 Finance Magazine 7:00 Hong Kong World News Roundup 7:30 Entertainment News (Repeat) 8:00 The Shaw Prize Special 2026 (Repeat) Sunday Report (Repeat) 8:30 Try It? Really? (Sr.2) Something's Missing 9:00 A Date with Goddess (Sr.2) 10:00 Hong Kong: Never Too Small (Repeat) 10:30 Alien Is Coming To Town 11:30 Scoop		
PST Tuesday - Saturday			PST Sunday		
Date Start			Date Start		
12:00 AM Hong Kong, World Noon News 12:30 Drama (Repeat): . The Righteous Fists . Sinister Beings 1:20 US-Canada News (Repeat) 1:45 Drama: (Repeat): . This City Never Sleeps . TBC (11/20 Pre-empted) Danny Summer Special 2025 (Repeat)(11/20 only) 2:35 Entertainment News (Repeat) 3:00 Hong Kong, World Noon News (Repeat) 3:25 Drama(Repeat): . Airport Strikers . Go With The Float 4:15 Sit-com (Repeat) . Like Mother, Like Daughter (11/20 Pre-empted) Super Trio - Thank You Very Much Special (Repeat)(11/20 only 4:15am-5:30am) 4:40 Drama(Repeat Gold Drama) . The Truth Within (11/20 Pre-empted) 5:30 Entertainment News (Repeat)			12:00 AM Hong Kong, World Noon News 12:30 Vital Lifeline (Repeat) 1:00 Star Weekly (Repeat) 1:45 Entertainment News (Repeat) ** Daylight Saving Time Ends (Extra 1hr program) Priscilla Chan Special 2024 (11/1 only) 2:00 News Magazine (Repeat) 2:30 Gourmet Express Weekly (Repeat) 3:00 Family Feud (Sr.2) (Repeat) 3:25 ChatSAT (Repeat) 3:50 Hong Kong World Noon News(Repeat) 4:15 Her Railway Trip (Repeat) The Joy Of Nature (Sr.3) (Repeat) 4:40 I Will Be Back (Repeat) I Go To Taiwan On Foot (Repeat)(11/22 Pre-empted) Follow Me To Seoul (Repeat)(11/22 only) 5:05 We're All Wildlings (Sr.3): Vibing Malaysia (Repeat) 5:30 Shock Mystery (Sr.3) (Repeat) Entertainment News (Repeat)		
PST Monday			PST Monday		
Date Start			Date Start		
12:00 AM Hong Kong, World Noon News 12:30 Jei Jei Learns To Cook (Repeat) 1:00 Cooking For You (Repeat) 1:30 Entertainment News (Repeat) 2:00 Finance Magazine (Repeat) 2:30 The Shaw Prize Special 2026 (Repeat) Sunday Report (Repeat) 3:00 Super Travels Limited (Repeat) 3:25 Merry-go-ground (Repeat) Ask A Depp Question (Repeat) 3:50 Hong Kong World Noon News (Repeat) 4:15 Hong Kong: Never Too Small (Repeat) 4:40 You Are Not Alone Again (Repeat) 5:30 Entertainment News (Repeat)			12:00 AM Hong Kong, World Noon News 12:30 Jei Jei Learns To Cook (Repeat) 1:00 Cooking For You (Repeat) 1:30 Entertainment News (Repeat) 2:00 Finance Magazine (Repeat) 2:30 The Shaw Prize Special 2026 (Repeat) Sunday Report (Repeat) 3:00 Super Travels Limited (Repeat) 3:25 Merry-go-ground (Repeat) Ask A Depp Question (Repeat) 3:50 Hong Kong World Noon News (Repeat) 4:15 Hong Kong: Never Too Small (Repeat) 4:40 You Are Not Alone Again (Repeat) 5:30 Entertainment News (Repeat)		



TVB 三藩市(翡翠台) 有線電視

節目如有更改以電視台最後公佈為準
或參閱網址 www.tvbusa.com

2026年10月份節目表

Issue Date: 9/22/2026
Revised: 10/5/2026

西岸	星期一至五	日期 開始	西岸	星期六	日期 開始	西岸	星期日	日期 開始
6:00 AM	東張西望 (重播)		6:00 AM	東張西望 (重播)		6:00 AM	東張西望 (重播)	
6:30	香港, 國際新聞		6:30	香港, 國際新聞		6:30	香港, 國際新聞	
8:30	流行都市							
9:15	藍朋友 旅朋友 (重播)		9:00	野外步出3玩野加大馬		9:00	隔山買假期	
	醫生・你有病? (重播)	10/6						
	美食強人 (重播)	10/20	9:30	阿媽唔信我去亞馬遜		9:30	你想點煮姐	10/4
9:45	處境喜劇 (重播): ．愛・回家之三代同糖 (10/2 暫停) 身「入」其「境」挑戰 (唯10/2)		10:00	周六聊Teen谷		10:00	DM旅導遊	
10:15 星期一	今日有樓睇		10:30	美食新聞周報		10:30	香港系列之細間始終你好 AI時代・未來實習生	10/11
星期二	新聞拘寶		11:00	思家大戰		11:00	直播疊接觸	
星期三	今日有樓睇		11:30	新聞透視		12:00 PM	香港, 國際新聞	
星期四	樓計專家					12:30	講清講楚	
星期五	今日有樓睇		12:00 PM	香港, 國際新聞		1:00	疊影狙擊	
10:45	娛樂新聞報道		12:30	最強生命線		2:00	星期日檔案	
11:15	劇集: ．死有對証 ．璀璨之城	10/12	1:00	疊影狙擊		2:30	30分鐘收工料理	
12:15 PM	香港, 國際新聞		2:00	鐵子廝山窿		3:00	隔山買假期 (重播)	
12:45	精選劇場: ．鐵拳英雄		2:30	阿媽唔信我去亞馬遜 (重播)		3:30	娛樂新聞報道	
1:40	流行都市		3:00	野外步出3玩野加大馬 (重播)		4:00	Hands Up	
2:25	東張西望		3:30	娛樂新聞報道		4:30	香港系列之細間始終你好 (重播) AI時代・未來實習生 (重播)	10/11
2:50	劇集: ．萬福金安 ．大唐迷霧	10/14	4:00	Hands Up		5:00	你想點煮姐 (重播)	10/4
3:45	處境喜劇: ．愛・回家之三代同糖 (10/1 暫停) 身「入」其「境」挑戰 (唯10/1)		4:30	思家大戰 (重播)		5:30	DM旅導遊 (重播)	
4:15	Hands Up		5:00	周六聊Teen谷 (重播)		6:00	隔山買假期 (重播)	
4:45	娛樂新聞報道 (重播)		5:30	最強生命線 (重播)		6:30	財經透視	
5:15	藍朋友 旅朋友		6:00	新聞透視 (重播)		7:00	香港, 國際晚間新聞	
	醫生・你有病?	10/5	6:30	美食新聞周報 (重播)		7:30	玩轉澳門勁滿Fun 娛樂新聞報道 (重播)	10/11
	美食強人	10/19	7:00	香港, 國際晚間新聞		8:00	星期日檔案 (重播)	
5:45	INFO / 時事資訊		7:30	野外步出3玩野加大馬 (重播)(10/17 暫停) 善心滿載仁愛堂 (唯10/17 7:30pm-9:30pm)		8:30	試真D嘢	
6:00	翡翠劇場: ．金宵大廈2 ．機場特警	10/19	8:00	鐵子廝山窿 (重播)(10/17 暫停)		9:00	女神配對計劃2	
7:00	美加新聞		8:30	怪宿宿2想天開 (10/17 暫停)		10:00	香港系列之細間始終你好 (重播) AI時代・未來實習生 (重播)	10/11
7:30	處境喜劇:(重播) ．愛・回家之三代同糖 (10/1 暫停) 2026國慶煙花匯演「永明煙花 綻放中華」(唯10/1)		9:00	家傳之「保」2 健康誠諾書 (10/17 暫停)	10/10	10:30	呢度都有外星人	
8:00	劇集:(重播) ．死有對証 ．璀璨之城	10/12	9:30	一周星星		11:30	東張西望	
9:00 星期一	今日有樓睇 (重播)		10:15	J Music				
星期二	新聞拘寶 (重播)		11:00	阿媽唔信我去亞馬遜 (重播)				
星期三	今日有樓睇 (重播)		11:30	東張西望				
星期四	樓計專家 (重播)							
星期五	今日有樓睇 (重播)							
9:30	香港, 國際晚間新聞							
10:00	黃金劇場: ．萬福金安 ．大唐迷霧	10/14						
11:00	藍朋友 旅朋友 (重播)							
	醫生・你有病? (重播)	10/5						
	美食強人 (重播)	10/19						
11:30	東張西望 (重播)							
西岸	星期二至六	日期 開始	西岸	星期日	日期 開始	西岸	星期一	日期 開始
12:00 AM	香港・國際午間新聞		12:00 AM	香港・國際午間新聞		12:00 AM	香港・國際午間新聞	
12:30	精選劇場(重播): ．鐵拳英雄		12:30	最強生命線 (重播)		12:30	你想點煮姐 (重播)	10/5
1:20	美加新聞 (重播)		1:00	一周星星 (重播)		1:00	30分鐘收工料理 (重播)	
1:45	劇集 (重播): ．死有對証 ．璀璨之城	10/13	1:45	娛樂新聞報道 (重播)		1:30	娛樂新聞報道 (重播)	
2:35	娛樂新聞報道 (重播)		2:00	新聞透視 (重播)		2:00	財經透視 (重播)	
3:00	香港・國際午間新聞 (重播)		2:30	美食新聞周報 (重播)		2:30	星期日檔案 (重播)	
3:25	翡翠劇場 (重播) ．金宵大廈2 ．機場特警	10/20	3:00	思家大戰 (重播)		3:00	DM旅導遊 (重播)	
4:15	處境喜劇:(重播) ．愛・回家之三代同糖 (10/2 暫停) 身「入」其「境」挑戰 (唯10/2)		3:25	周六聊Teen谷 (重播)		3:25	隔山買假期 (重播)	
4:40	劇集 (重播黃金劇場) ．萬福金安 ．大唐迷霧	10/15	3:50	香港 國際午間新聞(重播)		3:50	香港 國際午間新聞(重播)	
5:30	娛樂新聞報道 (重播)		4:15	鐵子廝山窿 (重播)		4:15	香港系列之細間始終你好 (重播) AI時代・未來實習生 (重播)	10/12
			4:40	阿媽唔信我去亞馬遜 (重播)		4:40	直播疊接觸 (重播)	
			5:05	野外步出3玩野加大馬 (重播)		5:30	娛樂新聞報道 (重播)	
			5:30	娛樂新聞報道 (重播)				



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2026 October Program Schedule

Issue Date: 9/22/2026
Revised: 10/5/2026

PDT	Mon - Fri	Date Start	PDT	Saturday	Date Start	PDT	Sunday	Date Start
6:00 AM	Scoop (Repeat)		6:00 AM	Scoop (Repeat)		6:00 AM	Scoop (Repeat)	
6:30	Hong Kong, World News		6:30	Hong Kong, World News		6:30	Hong Kong, World News	
8:30	Big City Shop		9:00	We're All Wildlings (Sr.3): Vibing Malaysia		9:00	Merry-go-ground	
9:15	Cho Lam & His Trip Buddies (Repeat)		9:30	I Will Be Back		9:30	Jei Jei Learns To Cook	10/4
	Who Heals the Healers? (Repeat)	10/6	10:00	ChatSAT		10:00	DM Me Now	
	Big Feast Duel (Repeat)	10/20	10:30	Gourmet Express Weekly		10:30	Hong Kong: Never Too Small	
9:45	Drama (Repeat):		11:00	Family Feud (Sr.2)			Next Gen: Growing with AI	10/11
	. Like Mother, Like Daughter (10/2 Pre-empted)		11:30	News Magazine		11:00	You Are Not Alone Again	
	Life Swap Challenge (10/2 only)		12:00 PM	Hong Kong, World News		12:00 PM	Hong Kong, World News	
10:15 Mon.	Property Today		12:30	Vital Lifeline		12:30	On The Record	
	Tue. News Treasury		1:00	Dead Ringer		1:00	Dead Ringer	
	Wed. Property Today		2:00	Her Railway Trip		2:00	Sunday Report	
	Thur. Property Experts		2:30	I Will Be Back (Repeat)		2:30	Cooking For You	
	Fri. Property Today		3:00	We're All Wildlings (Sr.3): Vibing Malaysia (Repeat)		3:00	Merry-go-ground (Repeat)	
10:45	Entertainment News		3:30	Entertainment News		3:30	Entertainment News	
11:15	Drama :		4:00	Hands Up		4:00	Hands Up	
	. Cause Of Death	10/12	4:30	Family Feud (Sr.2) (Repeat)		4:30	Hong Kong: Never Too Small (Repeat)	
	. This City Never Sleeps		5:00	ChatSAT (Repeat)			Next Gen: Growing with AI (Repeat)	10/11
12:15 PM	Hong Kong, World News		5:30	Vital Lifeline (Repeat)		5:00	Jei Jei Learns To Cook (Repeat)	10/4
12:45	Drama:		6:00	News Magazine (Repeat)		5:30	DM Me Now (Repeat)	
	. The Righteous Fists		6:30	Gourmet Express Weekly (Repeat)		6:00	Merry-go-ground (Repeat)	
1:40	Big City Shop		7:00	Hong Kong World News Roundup		6:30	Finance Magazine	
2:25	Scoop		7:30	We're All Wildlings (Sr.3): Vibing Malaysia (Repeat)(10/17 Pre-empted)		7:00	Hong Kong World News Roundup	
2:50	Drama:			Yan Oi Tong Charity Show 2026 (10/17only 7:30pm-9:30pm)		7:30	Super Fun in Macau	
	. Wan Fu Jin An	10/14	8:00	Her Railway Trip (Repeat)(10/17 Pre-empted)			Entertainment News (Repeat)	10/11
	. The Tang Mist		8:30	Travelodd (Sr.2)(10/17 Pre-empted)		8:00	Sunday Report (Repeat)	
3:45	Sit-com:		9:00	My Family Legacy (Sr.2)		8:30	Try It? Really? (Sr.2)	
	. Like Mother, Like Daughter (10/1 Pre-empted)	10/5		The Health Promises (10/17 Pre-empted)	10/10	9:00	A Date with Goddess (Sr.2)	
	Life Swap Challenge (10/1 only)	10/19	9:30	Star Weekly		10:00	Hong Kong: Never Too Small (Repeat)	
4:15	Hands Up		10:15	J Music			Next Gen: Growing with AI (Repeat)	10/11
4:45	Entertainment News (Repeat)		11:00	I Will Be Back (Repeat)		10:30	Alien Is Coming To Town	
5:15	Cho Lam & His Trip Buddies		11:30	Scoop		11:30	Scoop	
	Who Heals the Healers?	10/5						
	Big Feast Duel	10/19						
5:45	INFO / Current Affairs & Information							
6:00	Jade Drama:							
	. Barrack O'Karma 1968	10/19						
	. Airport Strikers							
7:00	US-Canada News							
7:30	Sit-com (Repeat)							
	. Like Mother, Like Daughter (10/1 Pre-empted)							
	<i>National Day Fireworks Display in Celebration of the 77th Anniversary of the Founding of the PRC (10/1 only)</i>							
8:00	Drama:(Repeat)							
	. Cause Of Death	10/12						
	. This City Never Sleeps							
9:00 Mon.	Property Today (Repeat)							
	Tue. News Treasury (Repeat)							
	Wed. Property Today (Repeat)							
	Thur. Property Experts (Repeat)							
	Fri. Property Today (Repeat)							
9:30	Hong Kong, World News Roundup							
10:00	Gold Drama:							
	. Wan Fu Jin An	10/14						
	. The Tang Mist							
11:00	Cho Lam & His Trip Buddies (Repeat)							
	Who Heals the Healers? (Repeat)	10/5						
	Big Feast Duel (Repeat)	10/19						
11:30	Scoop (Repeat)							
PDT	Tuesday - Saturday	Date Start	PDT	Sunday	Date Start	PDT	Monday	Date Start
12:00 AM	Hong Kong, World Noon News		12:00 AM	Hong Kong, World Noon News		12:00 AM	Hong Kong, World Noon News	
12:30	Drama (Repeat):		12:30	Vital Lifeline (Repeat)		12:30	Jei Jei Learns To Cook (Repeat)	10/5
	. The Righteous Fists		1:00	Star Weekly (Repeat)		1:00	Cooking For You (Repeat)	
1:20	US-Canada News (Repeat)		1:45	Entertainment News (Repeat)		1:30	Entertainment News (Repeat)	
1:45	Drama: (Repeat):		2:00	News Magazine (Repeat)		2:00	Finance Magazine (Repeat)	
	. Cause Of Death	10/13	2:30	Gourmet Express Weekly (Repeat)		2:30	Sunday Report (Repeat)	
	. This City Never Sleeps		3:00	Family Feud (Sr.2) (Repeat)		3:00	DM Me Now (Repeat)	
2:35	Entertainment News (Repeat)		3:25	ChatSAT (Repeat)		3:25	Merry-go-ground (Repeat)	
3:00	Hong Kong, World Noon News (Repeat)		3:50	Hong Kong World Noon News(Repeat)		3:50	Hong Kong World Noon News (Repeat)	
3:25	Drama(Repeat):		4:15	Her Railway Trip (Repeat)		4:15	Hong Kong: Never Too Small (Repeat)	
	. Barrack O'Karma 1968	10/20	4:40	I Will Be Back (Repeat)			Next Gen: Growing with AI (Repeat)	10/12
	. Airport Strikers		5:05	We're All Wildlings (Sr.3): Vibing Malaysia (Repeat)		4:40	You Are Not Alone Again (Repeat)	
4:15	Sit-com (Repeat)		5:30	Entertainment News (Repeat)		5:30	Entertainment News (Repeat)	
	. Like Mother, Like Daughter (10/2 Pre-empted)							
	Life Swap Challenge (10/2 only)							
4:40	Drama(Repeat Gold Drama)							
	. Wan Fu Jin An	10/15						
	. The Tang Mist							
5:30	Entertainment News (Repeat)							