

三藩市(翡翠台)有線電視簡介

SF Cable (TVB) Introduction

頻道簡介

翡翠台，是三藩市地區的專屬電視綜合頻道，節目內容函蓋熱門劇集、經典劇集、香港、北美和世界各地的每日新聞、以及各種訪談節目等。

(語言：廣東話；字幕：繁體中文)



Channel Introduction

Jade Channel is a general entertainment channel especially tailored for the San Francisco area. It features the popular dramas, classic dramas, daily news from Hong Kong, the United States, and around the world, as well as various talk shows.

(Language: Cantonese;
Subtitle: Traditional Chinese)





TVB 三藩市(翡翠台) 有線電視

節目如有更改以電視台最後公佈為準
或參閱網址: www.tvbusa.com



2026年6月份節目表

Issue Date: 5/19/2026
Revised: 6/15/2026

| 西岸 | 星期一至五 | 日期開始 | 西岸 | 星期六 | 日期開始 | 西岸 | 星期日 | 日期開始 |
|----------|---|--------------|----------|------------------------|------|----------|---------------|------|
| 6:00 AM | 東張西望(重播) | | 6:00 AM | 東張西望(重播) | | 6:00 AM | 東張西望(重播) | |
| 6:30 | 香港, 國際新聞 | | 6:30 | 香港, 國際新聞 | | 6:30 | 香港, 國際新聞 | |
| 8:30 | 流行都市 | | 9:00 | 一個好人 | | 9:00 | 一條麻甩在汕頭 | |
| 9:15 | 周遊人生(重播) | | 9:30 | 醫美直擊 首爾篇 | | 9:30 | 地球大神秘 | |
| | 夫妻肺片(重播) | 6/2 | | 女神玩轉嘉年華 | 6/20 | | | |
| | 走過歷史大地(重播) | 6/16 | 10:00 | 周六聊Teen谷 | | 10:00 | 吃貨橫掃深圳 | |
| | 江湖見2(重播) | 6/30 | 10:30 | 美食新聞周報 | | | 大灣區美味好玩攻略 | 6/14 |
| 9:45 | 處境喜劇(重播): . 愛·回家之開心速遞 | | 11:00 | 思家大戰 | | 10:30 | 南極潮什麼 | |
| 10:15 | 星期一 今日有樓睇 | | 11:30 | 新聞透視 | | | 北極潮什麼 | 6/28 |
| | 星期二 新聞掏寶 | | 12:00 PM | 香港, 國際新聞 | | 11:00 | 直播靈接觸 | |
| | 星期三 今日有樓睇 | | 12:30 | 最強生命線 | | 12:00 PM | 香港, 國際新聞 | |
| | 星期四 樓計專家 | | 1:00 | 鬼同你OT | | 12:30 | 講清講楚 | |
| | 星期五 今日有樓睇 | | 2:00 | 醫嘢阿媽都唔知 | | 1:00 | 鬼同你OT | |
| 10:45 | 娛樂新聞報道 | | 2:30 | 醫美直擊 首爾篇(重播) | 6/20 | 2:00 | 星期日檔案 | |
| 11:15 | 劇集: . 香港探秘地圖 . 飛常日誌II . 非份之罪 | 6/15 6/29 | 3:00 | 一個好人(重播) | | 2:30 | 拍檔廚房 | |
| 12:15 PM | 香港, 國際新聞 | | 3:30 | 娛樂新聞報道 | | 3:00 | 一條麻甩在汕頭(重播) | |
| 12:45 | 精選劇場: . 跳躍生命線 . 逆緣 | 6/8 | 4:00 | Hands Up | | 3:30 | 娛樂新聞報道 | |
| 1:40 | 流行都市 | | 4:30 | 思家大戰(重播) | | 4:00 | Hands Up | |
| 2:25 | 東張西望 | | 5:00 | 周六聊Teen谷(重播) | | 4:30 | 南極潮什麼(重播) | |
| 2:50 | 劇集: . 吳邪私家筆記 . 大生意人 | 6/3 | 5:30 | 最強生命線(重播) | | | 北極潮什麼(重播) | 6/28 |
| 3:45 | 處境喜劇: . 愛·回家之開心速遞 | | 6:00 | 新聞透視(重播) | | 5:00 | 地球大神秘(重播) | |
| 4:15 | Hands Up | | 6:30 | 美食新聞周報(重播) | | 5:30 | 吃貨橫掃深圳(重播) | |
| 4:45 | 娛樂新聞報道(重播) | | 7:00 | 香港, 國際晚間新聞 | | | 大灣區美味好玩攻略(重播) | 6/14 |
| 5:15 | 夫妻肺片 | 6/1 | 7:30 | 一個好人(重播) | | 6:00 | 一條麻甩在汕頭(重播) | |
| | 走過歷史大地 | 6/15 | 8:00 | 娛樂新聞報道(重播)(6/6 暫停) | | 6:30 | 財經透視 | |
| | 江湖見2 | 6/29 | | 萬眾同心公益金(唯6/6 8pm-11pm) | | 7:00 | 香港, 國際晚間新聞 | |
| 5:45 | INFO / 時事資訊 | | 8:30 | 唱錢(6/6 暫停) | | 7:30 | 娛樂新聞報道(重播) | |
| 6:00 | 翡翠劇場: . 寶寶大過天 . 三個女人一個「因」 | 6/15 | 9:30 | 一周星星(6/6 暫停) | | 8:00 | 星期日檔案(重播) | |
| 7:00 | 美加新聞 | | 10:15 | J Music(6/6 暫停) | | 8:30 | 中年好聲音4 | |
| 7:30 | 處境喜劇(重播) . 愛·回家之開心速遞 | | 10:30 | 一個好人(重播)(6/6 暫停) | | 10:30 | 奇情谷 | |
| 8:00 | 劇集(重播) . 香港探秘地圖 . 飛常日誌II . 非份之罪 | 6/15 6/29 | 11:00 | 醫美直擊 首爾篇(重播) | 6/20 | 11:30 | 東張西望 | |
| 9:00 | 星期一 今日有樓睇(重播) | | 11:30 | 東張西望 | | | | |
| | 星期二 新聞掏寶(重播) | | | | | | | |
| | 星期三 今日有樓睇(重播) | | | | | | | |
| | 星期四 樓計專家(重播) | | | | | | | |
| | 星期五 今日有樓睇(重播) | | | | | | | |
| 9:30 | 香港, 國際晚間新聞 | | | | | | | |
| 10:00 | 黃金劇場: . 吳邪私家筆記 . 大生意人 | 6/3 | | | | | | |
| 11:00 | 夫妻肺片(重播) | 6/1 | | | | | | |
| | 走過歷史大地(重播) | 6/15 | | | | | | |
| | 江湖見2(重播) | 6/29 | | | | | | |
| 11:30 | 東張西望(重播) | | | | | | | |
| 西岸 | 星期二至六 | 日期開始 | 西岸 | 星期日 | 日期開始 | 西岸 | 星期一 | 日期開始 |
| 12:00 AM | 香港·國際午間新聞 | | 12:00 AM | 香港·國際午間新聞 | | 12:00 AM | 香港·國際午間新聞 | |
| 12:30 | 精選劇場(重播): . 跳躍生命線 . 逆緣 | 6/9 | 12:30 | 最強生命線(重播) | | 12:30 | 地球大神秘(重播) | |
| 1:20 | 美加新聞(重播) | | 1:00 | 一周星星(重播) | | 1:00 | 拍檔廚房(重播) | |
| 1:45 | 劇集(重播): . 香港探秘地圖 . 飛常日誌II . 非份之罪 | 6/16 6/30 | 1:45 | 娛樂新聞報道(重播) | | 1:30 | 娛樂新聞報道 | |
| 2:35 | 娛樂新聞報道(重播) | | 2:00 | 新聞透視(重播) | | 2:00 | 財經透視(重播) | |
| 3:00 | 香港·國際午間新聞(重播) | | 2:30 | 美食新聞周報(重播) | | 2:30 | 星期日檔案(重播) | |
| 3:25 | 翡翠劇場(重播) . 寶寶大過天 . 三個女人一個「因」 | 6/16 | 3:00 | 思家大戰(重播) | | 3:00 | 吃貨橫掃深圳(重播) | |
| 4:15 | 處境喜劇(重播) . 愛·回家之開心速遞 | | 3:25 | 周六聊Teen谷(重播) | | | 大灣區美味好玩攻略(重播) | 6/15 |
| 4:40 | 劇集(重播)黃金劇場 . 吳邪私家筆記 . 大生意人 | 6/4 | 3:50 | 香港 國際午間新聞(重播) | | 3:25 | 一條麻甩在汕頭(重播) | |
| 5:30 | 娛樂新聞報道(重播) | | 4:15 | 醫嘢阿媽都唔知(重播) | | 3:50 | 香港 國際午間新聞(重播) | |
| | | | 4:40 | 醫美直擊 首爾篇(重播) | 6/21 | 4:15 | 南極潮什麼(重播) | |
| | | | 5:05 | 一個好人(重播) | | | 北極潮什麼(重播) | 6/29 |
| | | | 5:30 | 娛樂新聞報道(重播) | | 4:40 | 直播靈接觸(重播) | |
| | | | | | | 5:30 | 娛樂新聞報道(重播) | |



TVB SF(Jade) Cable

Program Listing Subject To Change And Final Broadcast Time Shall Prevail
Or Go To www tvbua.com For More Information



2026 June Program Schedule

Issue Date: 5/19/2026
Revised: 6/15/2026

| PDT | Mon - Fri | Date Start | PDT | Saturday | Date Start | PDT | Sunday | Date Start |
|----------|--|------------|----------|---|------------|----------|------------------------------------|------------|
| 6:00 AM | Scoop (Repeat) | | 6:00 AM | Scoop (Repeat) | | 6:00 AM | Scoop (Repeat) | |
| 6:30 | Hong Kong, World News | | 6:30 | Hong Kong, World News | | | | |
| 8:30 | Big City Shop | | | | | 6:30 | Hong Kong, World News | |
| 9:15 | Don't You Know Life is a Journey? (Repeat) | | 9:00 | Kindness Is Priceless | | 9:00 | Made In Shantou | |
| | Lose the Battle, Win the War (Repeat) | 6/2 | 9:30 | Don't Worry Be Pretty - Seoul | | | | |
| | Pilgrimage of History (Repeat) | 6/16 | | A Date with Goddess - Carnival Edition | 6/20 | 9:30 | Shock Mystery | |
| 9:45 | Journey to Jianghu 2 (Repeat) | 6/30 | 10:00 | ChatSAT | | | | |
| | Drama (Repeat): | | | | | 10:00 | Shenzhen Foodbusters | |
| | . Lo And Behold | | 10:30 | Gourmet Express Weekly | | | The Ultimate Guide To GBA | 6/14 |
| 10:15 | Mon. Property Today | | | | | 10:30 | Hipster Tour - Antarctica | |
| | Tue. News Treasury | | 11:00 | Family Feud (Sr.2) | | | Hipster Tour - The Arctic | 6/28 |
| | Wed. Property Today | | 11:30 | News Magazine | | 11:00 | You Are Not Alone | |
| | Thur. Property Experts | | | | | | | |
| | Fri. Property Today | | 12:00 PM | Hong Kong, World News | | 12:00 PM | Hong Kong, World News | |
| 10:45 | Entertainment News | | 12:30 | Vital Lifeline | | 12:30 | On The Record | |
| 11:15 | Drama : | | 1:00 | Ghost of Relativity | | | | |
| | . The Map Of Truth | 6/15 | 2:00 | Mother Knows Best, Doctor Know The Facts | | 1:00 | Ghost of Relativity | |
| | . The Airport Diary II | 6/29 | 2:30 | Don't Worry Be Pretty - Seoul (Repeat) | | 2:00 | Sunday Report | |
| | . Deadly Sins | | | A Date with Goddess - Carnival Edition (Repeat) | 6/20 | 2:30 | Partners' Kitchen | |
| 12:15 | PM Hong Kong, World News | | 3:00 | Kindness Is Priceless (Repeat) | | 3:00 | Made In Shantou (Repeat) | |
| 12:45 | Drama: | | 3:30 | Entertainment News | | 3:30 | Entertainment News | |
| | . Life On The Line | | 4:00 | Hands Up | | 4:00 | Hands Up | |
| | . Daddy Cool | 6/8 | 4:30 | Family Feud (Sr.2) (Repeat) | | 4:30 | Hipster Tour - Antarctica (Repeat) | |
| 1:40 | Big City Shop | | 5:00 | ChatSAT (Repeat) | | | Hipster Tour - The Arctic (Repeat) | 6/28 |
| 2:25 | Scoop | | 5:30 | Vital Lifeline (Repeat) | | 5:00 | Shock Mystery (Repeat) | |
| 2:50 | Drama: | | 6:00 | News Magazine (Repeat) | | 5:30 | Shenzhen Foodbusters (Repeat) | |
| | . Time Raiders | | 6:30 | Gourmet Express Weekly (Repeat) | | | The Ultimate Guide To GBA (Repeat) | 6/14 |
| | . Legend of The Magnate | 6/3 | 7:00 | Hong Kong World News Roundup | | 6:00 | Made In Shantou (Repeat) | |
| 3:45 | Sit-com: | | 7:30 | Kindness Is Priceless (Repeat) | | 6:30 | Finance Magazine | |
| | . Lo And Behold | | 8:00 | Entertainment News (Repeat)(6/6 Pre-empted) | | 7:00 | Hong Kong World News Roundup | |
| 4:15 | Hands Up | | | Community Chest Charity Show 2026 (6/6 only 8pm-11pm) | | 7:30 | Entertainment News (Repeat) | |
| 4:45 | Entertainment News (Repeat) | | 10:15 | J Music (6/6 Pre-empted) | | 8:00 | Sunday Report (Repeat) | |
| 5:15 | Lose the Battle, Win the War | 6/1 | 10:30 | Kindness Is Priceless (Repeat)(6/6 Pre-empted) | | 8:30 | Midlife, Sing & Shine!4 | |
| | Pilgrimage of History | 6/15 | 11:00 | Don't Worry Be Pretty - Seoul (Repeat) | | 10:30 | Mystery Files | |
| | Journey to Jianghu 2 | 6/29 | | A Date with Goddess - Carnival Edition (Repeat) | 6/20 | 11:30 | Scoop | |
| 5:45 | INFO / Current Affairs & Information | | 11:30 | Scoop | | | | |
| 6:00 | Jade Drama: | | | | | | | |
| | . Plan "B" | 6/15 | | | | | | |
| | . Threesome | | | | | | | |
| 7:00 | US-Canada News | | | | | | | |
| 7:30 | Sit-com (Repeat) | | | | | | | |
| | . Lo And Behold | | | | | | | |
| 8:00 | Drama:(Repeat) | | | | | | | |
| | . The Map Of Truth | 6/15 | | | | | | |
| | . The Airport Diary II | 6/29 | | | | | | |
| | . Deadly Sins | | | | | | | |
| 9:00 | Mon. Property Today (Repeat) | | | | | | | |
| | Tue. News Treasury (Repeat) | | | | | | | |
| | Wed. Property Today (Repeat) | | | | | | | |
| | Thur. Property Experts (Repeat) | | | | | | | |
| | Fri. Property Today (Repeat) | | | | | | | |
| 9:30 | Hong Kong, World News Roundup | | | | | | | |
| 10:00 | Gold Drama: | | | | | | | |
| | . Time Raiders | | | | | | | |
| | . Legend of The Magnate | 6/3 | | | | | | |
| 11:00 | Lose the Battle, Win the War (Repeat) | 6/1 | | | | | | |
| | Pilgrimage of History (Repeat) | 6/15 | | | | | | |
| | Journey to Jianghu 2 (Repeat) | 6/29 | | | | | | |
| 11:30 | Scoop (Repeat) | | | | | | | |
| PDT | Tuesday - Saturday | Date Start | PDT | Sunday | Date Start | PDT | Monday | Date Start |
| 12:00 AM | Hong Kong, World Noon News | | 12:00 AM | Hong Kong, World Noon News | | 12:00 AM | Hong Kong, World Noon News | |
| 12:30 | Drama (Repeat): | | 12:30 | Vital Lifeline (Repeat) | | 12:30 | Shock Mystery (Repeat) | |
| | . Life On The Line | | 1:00 | Star Weekly (Repeat) | | 1:00 | Partners' Kitchen (Repeat) | |
| | . Daddy Cool | 6/9 | 1:45 | Entertainment News (Repeat) | | 1:30 | Entertainment News | |
| 1:20 | US-Canada News (Repeat) | | 2:00 | News Magazine (Repeat) | | 2:00 | Finance Magazine (Repeat) | |
| 1:45 | Drama: (Repeat): | | 2:30 | Gourmet Express Weekly (Repeat) | | 2:30 | Sunday Report (Repeat) | |
| | . The Map Of Truth | 6/16 | 3:00 | Family Feud (Sr.2) (Repeat) | | 3:00 | Shenzhen Foodbusters (Repeat) | |
| | . The Airport Diary II | 6/30 | 3:25 | ChatSAT (Repeat) | | | The Ultimate Guide To GBA (Repeat) | 6/15 |
| | . Deadly Sins | | 3:50 | Hong Kong World Noon News(Repeat) | | 3:25 | Made In Shantou (Repeat) | |
| 2:35 | Entertainment News (Repeat) | | 4:15 | Mother Knows Best, Doctor Know The Facts (Repeat) | | 3:50 | Hong Kong World Noon News (Repeat) | |
| 3:00 | Hong Kong, World Noon News (Repeat) | | 4:40 | Don't Worry Be Pretty - Seoul (Repeat) | | 4:15 | Hipster Tour - Antarctica (Repeat) | |
| 3:25 | Drama:(Repeat): | | | A Date with Goddess - Carnival Edition (Repeat) | 6/21 | | Hipster Tour - The Arctic (Repeat) | 6/29 |
| | . Plan "B" | 6/16 | 5:05 | Kindness Is Priceless (Repeat) | | 4:40 | You Are Not Alone (Repeat) | |
| | . Threesome | | 5:30 | Entertainment News (Repeat) | | 5:30 | Entertainment News (Repeat) | |
| 4:15 | Sit-com (Repeat) | | | | | | | |
| | . Lo And Behold | | | | | | | |
| 4:40 | Drama(Repeat Gold Drama) | | | | | | | |
| | . Time Raiders | 6/4 | | | | | | |
| | . Legend of The Magnate | | | | | | | |
| 5:30 | Entertainment News (Repeat) | | | | | | | |