

# 三藩市(翡翠台)有線電視簡介

## SF Cable (TVB) Introduction

### 頻道簡介

翡翠台，是三藩市地區的專屬電視綜合頻道，節目內容函蓋熱門劇集、經典劇集、香港、北美和世界各地的每日新聞、以及各種訪談節目等。

(語言：廣東話；字幕：繁體中文)



### Channel Introduction

**Jade Channel** is a general entertainment channel especially tailored for the San Francisco area. It features the popular dramas, classic dramas, daily news from Hong Kong, the United States, and around the world, as well as various talk shows.

(Language: Cantonese;  
Subtitle: Traditional Chinese)





TVB 三藩市(翡翠台) 有線電視

節目如有更改以電視台最後公佈為準  
或參閱網址: www.tvbusa.com



2026年6月份節目表

Issue Date: 5/19/2026  
Revised:

西岸	星期一至五	日期開始	西岸	星期六	日期開始	西岸	星期日	日期開始
6:00 AM	東張西望 (重播)		6:00 AM	東張西望 (重播)		6:00 AM	東張西望 (重播)	
6:30	香港, 國際新聞		6:30	香港, 國際新聞		6:30	香港, 國際新聞	
8:30	流行都市		9:00	一個好人		9:00	一條麻甩在汕頭	
9:15	周遊人生 (重播)		9:30	醫美直擊 首爾篇		9:30	地球大神秘	
	夫妻肺片 (重播)	6/2		女神玩轉嘉年華	6/20			
	走過歷史大地 (重播)	6/16	10:00	周六聊Teen谷		10:00	吃貨橫掃深圳	
	江湖見2 (重播)	6/30	10:30	美食新聞周報			大灣區美味好玩攻略	6/14
9:45	處境喜劇 (重播): . 愛·回家之開心速遞		11:00	思家大戰		10:30	南極潮什麼 北極潮什麼	6/28
10:15	星期一 今日有樓睇		11:30	新聞透視		11:00	直播靈接觸	
	星期二 新聞掏寶		12:00 PM	香港, 國際新聞		12:00 PM	香港, 國際新聞	
	星期三 今日有樓睇		12:30	最強生命線		12:30	講清講楚	
	星期四 樓計專家		1:00	鬼同你OT		1:00	鬼同你OT	
	星期五 今日有樓睇		2:00	醫咗阿媽都唔知		2:00	星期日檔案	
10:45	娛樂新聞報道		2:30	醫美直擊 首爾篇 (重播)	6/20	2:30	拍檔廚房	
11:15	劇集: . 香港探秘地圖 . 飛常日誌II . TBC	6/15 6/29	3:00	一個好人 (重播)		3:00	一條麻甩在汕頭 (重播)	
12:15 PM	香港, 國際新聞		3:30	娛樂新聞報道		3:30	娛樂新聞報道	
12:45	精選劇場: . 跳躍生命線 . 逆緣	6/8	4:00	Hands Up		3:30	娛樂新聞報道	
1:40	流行都市		4:30	思家大戰 (重播)		4:00	Hands Up	
2:25	東張西望		5:00	周六聊Teen谷 (重播)		4:30	南極潮什麼 (重播) 北極潮什麼 (重播)	6/28
2:50	劇集: . 吳邪私家筆記 . 大生意人	6/3	5:30	最強生命線 (重播)		5:00	地球大神秘 (重播)	
3:45	處境喜劇: . 愛·回家之開心速遞		6:00	新聞透視 (重播)		5:30	吃貨橫掃深圳 (重播) 大灣區美味好玩攻略 (重播)	6/14
4:15	Hands Up		6:30	美食新聞周報 (重播)		6:00	一條麻甩在汕頭 (重播)	
4:45	娛樂新聞報道 (重播)		7:00	香港, 國際晚間新聞		6:30	財經透視	
5:15	夫妻肺片 走過歷史大地 江湖見2	6/1 6/15 6/29	7:30	一個好人 (重播)		7:00	香港, 國際晚間新聞	
5:45	INFO / 時事資訊		8:00	娛樂新聞報道 (重播)(6/6 暫停) 萬眾同心公益金 (唯6/6 8pm-11pm)		7:30	娛樂新聞報道 (重播)	
6:00	翡翠劇場: . 寶寶大過天 . 三個女人一個「因」	6/15	8:30	唱錢 (6/6 暫停)		8:00	星期日檔案 (重播)	
7:00	美加新聞		9:30	一周星星 (6/6 暫停)		8:30	中年好聲音4	
7:30	處境喜劇(重播) . 愛·回家之開心速遞		10:15	J Music (6/6 暫停)		10:30	奇情谷	
8:00	劇集(重播) . 香港探秘地圖 . 飛常日誌II . TBC	6/15 6/29	10:30	一個好人 (重播)(6/6 暫停)		11:30	東張西望	
9:00	星期一 今日有樓睇 (重播)		11:00	醫美直擊 首爾篇 (重播)	6/20			
	星期二 新聞掏寶 (重播)		11:30	東張西望				
	星期三 今日有樓睇 (重播)							
	星期四 樓計專家 (重播)							
	星期五 今日有樓睇 (重播)							
9:30	香港, 國際晚間新聞							
10:00	黃金劇場: . 吳邪私家筆記 . 大生意人	6/3						
11:00	夫妻肺片 (重播) 走過歷史大地 (重播) 江湖見2 (重播)	6/1 6/15 6/29						
11:30	東張西望 (重播)							
西岸	星期二至六	日期開始	西岸	星期日	日期開始	西岸	星期一	日期開始
12:00 AM	香港·國際午間新聞		12:00 AM	香港·國際午間新聞		12:00 AM	香港·國際午間新聞	
12:30	精選劇場(重播): . 跳躍生命線 . 逆緣	6/9	12:30	最強生命線 (重播)		12:30	地球大神秘 (重播)	
1:20	美加新聞 (重播)		1:00	一周星星 (重播)		1:00	拍檔廚房 (重播)	
1:45	劇集 (重播): . 香港探秘地圖 . 飛常日誌II . TBC	6/16 6/30	1:45	娛樂新聞報道 (重播)		1:30	娛樂新聞報道	
2:35	娛樂新聞報道 (重播)		2:00	新聞透視 (重播)		2:00	財經透視 (重播)	
3:00	香港·國際午間新聞 (重播)		2:30	美食新聞周報 (重播)		2:30	星期日檔案 (重播)	
3:25	翡翠劇場 (重播) . 寶寶大過天 . 三個女人一個「因」	6/16	3:00	思家大戰 (重播)		3:00	吃貨橫掃深圳 (重播) 大灣區美味好玩攻略 (重播)	6/15
4:15	處境喜劇(重播) . 愛·回家之開心速遞		3:50	香港 國際午間新聞(重播)		3:25	一條麻甩在汕頭 (重播)	
4:40	劇集 (重播)黃金劇場 . 吳邪私家筆記 . 大生意人	6/4	4:15	醫咗阿媽都唔知 (重播)		3:50	香港 國際午間新聞(重播)	
5:30	娛樂新聞報道 (重播)		4:40	醫美直擊 首爾篇 (重播) 女神玩轉嘉年華 (重播)	6/21	4:15	南極潮什麼 (重播) 北極潮什麼 (重播)	6/29
			5:05	一個好人 (重播)		4:40	直播靈接觸 (重播)	
			5:30	娛樂新聞報道 (重播)		5:30	娛樂新聞報道 (重播)	



TVB SF(Jade) Cable

Program Listing Subject To Change And Final Broadcast Time Shall Prevail  
Or Go To www.tvb.com For More Information



2026 June Program Schedule

Issue Date: 5/19/2026  
Revised:

PDT	Mon - Fri	Date Start	PDT	Saturday	Date Start	PDT	Sunday	Date Start
6:00 AM	Scoop (Repeat)		6:00 AM	Scoop (Repeat)		6:00 AM	Scoop (Repeat)	
6:30	Hong Kong, World News		6:30	Hong Kong, World News				
8:30	Big City Shop					6:30	Hong Kong, World News	
9:15	Don't You Know Life is a Journey? (Repeat)		9:00	Kindness Is Priceless		9:00	Made In Shantou	
	Lose the Battle, Win the War (Repeat)	6/2						
	Pilgrimage of History (Repeat)	6/16	9:30	Don't Worry Be Pretty - Seoul				
	Journey to Jianghu 2 (Repeat)	6/30		A Date with Goddess - Carnival Edition	6/20	9:30	Shock Mystery	
9:45	Drama (Repeat): . Lo And Behold		10:00	ChatSAT				
10:15	Mon. Property Today					10:00	Shenzhen Foodbusters	
	Tue. News Treasury		10:30	Gourmet Express Weekly			The Ultimate Guide To GBA	6/14
	Wed. Property Today							
	Thur. Property Experts		11:00	Family Feud (Sr.2)		10:30	Hipster Tour - Antarctica	
	Fri. Property Today						Hipster Tour - The Arctic	6/28
10:45	Entertainment News		11:30	News Magazine		11:00	You Are Not Alone	
11:15	Drama : . The Map Of Truth							
	. The Airport Diary II	6/15	12:00 PM	Hong Kong, World News		12:00 PM	Hong Kong, World News	
	. TBC	6/29	12:30	Vital Lifeline		12:30	On The Record	
12:15	PM Hong Kong, World News		1:00	Ghost of Relativity				
12:45	Drama: . Life On The Line		2:00	Mother Knows Best, Doctor Know The Facts		1:00	Ghost of Relativity	
	. Daddy Cool	6/8				2:00	Sunday Report	
1:40	Big City Shop		2:30	Don't Worry Be Pretty - Seoul (Repeat)		2:30	Partners' Kitchen	
2:25	Scoop			A Date with Goddess - Carnival Edition (Repeat)	6/20			
2:50	Drama: . Time Raiders		3:00	Kindness Is Priceless (Repeat)		3:00	Made In Shantou (Repeat)	
	. Legend of The Magnate	6/3	3:30	Entertainment News		3:30	Entertainment News	
3:45	Sit-com: . Lo And Behold		4:00	Hands Up		4:00	Hands Up	
4:15	Hands Up		4:30	Family Feud (Sr.2) (Repeat)		4:30	Hipster Tour - Antarctica (Repeat)	
4:45	Entertainment News (Repeat)						Hipster Tour - The Arctic (Repeat)	6/28
5:15	Lose the Battle, Win the War	6/1	5:00	ChatSAT (Repeat)		5:00	Shock Mystery (Repeat)	
	Pilgrimage of History	6/15				5:30	Shenzhen Foodbusters (Repeat)	
	Journey to Jianghu 2	6/29	5:30	Vital Lifeline (Repeat)			The Ultimate Guide To GBA (Repeat)	6/14
5:45	INFO / Current Affairs & Information		6:00	News Magazine (Repeat)		6:00	Made In Shantou (Repeat)	
6:00	Jade Drama: . Plan "B"					6:30	Finance Magazine	
	. Threesome	6/15	6:30	Gourmet Express Weekly (Repeat)		7:00	Hong Kong World News Roundup	
7:00	US-Canada News		7:00	Hong Kong World News Roundup		7:30	Entertainment News (Repeat)	
7:30	Sit-com (Repeat) . Lo And Behold		7:30	Kindness Is Priceless (Repeat)		8:00	Sunday Report (Repeat)	
8:00	Drama:(Repeat) . The Map Of Truth		8:00	Entertainment News (Repeat)(6/6 Pre-empted)		8:30	Midlife, Sing & Shine!4	
	. The Airport Diary II	6/15		Community Chest Charity Show 2026 (6/6 only 8pm-11pm)		10:30	Mystery Files	
	. TBC	6/29	8:30	Music Money Monster (6/6 Pre-empted)		11:30	Scoop	
9:00	Mon. Property Today (Repeat)		9:30	Star Weekly (6/6 Pre-empted)				
	Tue. News Treasury (Repeat)					6:30	Finance Magazine	
	Wed. Property Today (Repeat)		10:15	J Music (6/6 Pre-empted)		7:00	Hong Kong World News Roundup	
	Thur. Property Experts (Repeat)					7:30	Entertainment News (Repeat)	
	Fri. Property Today (Repeat)		10:30	Kindness Is Priceless (Repeat)(6/6 Pre-empted)		8:00	Sunday Report (Repeat)	
9:30	Hong Kong, World News Roundup					8:30	Midlife, Sing & Shine!4	
10:00	Gold Drama: . Time Raiders		11:00	Don't Worry Be Pretty - Seoul (Repeat)		10:30	Mystery Files	
	. Legend of The Magnate	6/3		A Date with Goddess - Carnival Edition (Repeat)	6/20			
11:00	Lose the Battle, Win the War (Repeat)	6/1	11:30	Scoop				
	Pilgrimage of History (Repeat)	6/15						
	Journey to Jianghu 2 (Repeat)	6/29						
11:30	Scoop (Repeat)							
PDT	Tuesday - Saturday	Date Start	PDT	Sunday	Date Start	PDT	Monday	Date Start
12:00 AM	Hong Kong, World Noon News		12:00 AM	Hong Kong, World Noon News		12:00 AM	Hong Kong, World Noon News	
12:30	Drama (Repeat): . Life On The Line		12:30	Vital Lifeline (Repeat)		12:30	Shock Mystery (Repeat)	
	. Daddy Cool	6/9	1:00	Star Weekly (Repeat)		1:00	Partners' Kitchen (Repeat)	
1:20	US-Canada News (Repeat)		1:45	Entertainment News (Repeat)		1:30	Entertainment News	
1:45	Drama: (Repeat): . The Map Of Truth		2:00	News Magazine (Repeat)		2:00	Finance Magazine (Repeat)	
	. The Airport Diary II	6/16	2:30	Gourmet Express Weekly (Repeat)		2:30	Sunday Report (Repeat)	
	. TBC	6/30	3:00	Family Feud (Sr.2) (Repeat)		3:00	Shenzhen Foodbusters (Repeat)	
2:35	Entertainment News (Repeat)		3:25	ChatSAT (Repeat)			The Ultimate Guide To GBA (Repeat)	6/15
3:00	Hong Kong, World Noon News (Repeat)		3:50	Hong Kong World Noon News(Repeat)		3:25	Made In Shantou (Repeat)	
3:25	Drama:(Repeat): . Plan "B"		4:15	Mother Knows Best, Doctor Know The Facts (Repeat)		3:50	Hong Kong World Noon News (Repeat)	
	. Threesome	6/16	4:40	Don't Worry Be Pretty - Seoul (Repeat)		4:15	Hipster Tour - Antarctica (Repeat)	
4:15	Sit-com (Repeat) . Lo And Behold			A Date with Goddess - Carnival Edition (Repeat)	6/21		Hipster Tour - The Arctic (Repeat)	6/29
4:40	Drama:(Repeat Gold Drama) . Time Raiders		5:05	Kindness Is Priceless (Repeat)		4:40	You Are Not Alone (Repeat)	
	. Legend of The Magnate	6/4	5:30	Entertainment News (Repeat)		5:30	Entertainment News (Repeat)	
5:30	Entertainment News (Repeat)							