

# 三藩市(翡翠台)有線電視簡介

## SF Cable (TVB) Introduction

### 頻道簡介

翡翠台，是三藩市地區的專屬電視綜合頻道，節目內容函蓋熱門劇集、經典劇集、香港、北美和世界各地的每日新聞、以及各種訪談節目等。

(語言：廣東話；字幕：繁體中文)



### Channel Introduction

**Jade Channel** is a general entertainment channel especially tailored for the San Francisco area. It features the popular dramas, classic dramas, daily news from Hong Kong, the United States, and around the world, as well as various talk shows.

(Language: Cantonese;  
Subtitle: Traditional Chinese)





TVB 三藩市(翡翠台) 有線電視

節目如有更改以電視台最後公佈為準  
或參閱網址 www.tvbusa.com



2026年5月份節目表

Issue Date: 4/14/2026  
Revised: 5/7/2026

西岸	星期一至五	日期開始	西岸	星期六	日期開始	西岸	星期日	日期開始
6:00 AM	東張西望 (重播)		6:00 AM	東張西望 (重播)		6:00 AM	東張西望 (重播)	
6:30	香港, 國際新聞		6:30	香港, 國際新聞		6:30	香港, 國際新聞	
8:30	流行都市		9:00	冲遊泰國		9:00	一條麻甩在汕頭	
9:15	試真D (重播)			一個好人	5/23	9:30	地球大神秘	
	魔音女團 (重播)	5/5	9:30	醫美直擊 首爾篇		10:00	吃貨橫掃深圳	5/3
	周遊人生 (重播)	5/19	10:00	周六聊Teen谷		10:30	澳洲潮什麼	
9:45	處境喜劇 (重播):		10:30	美食新聞周報			南極潮什麼	5/17
	. 愛·回家之開心速遞		11:00	思家大戰 (5/23 & 30 暫停)		11:00	直播靈接觸	
10:15	星期一 今日有樓睇			劇集:		12:00 PM	香港, 國際新聞	
	星期二 新聞掏寶		11:30	. 香港探秘地圖 (5/23 & 30 11am-12pm)		12:30	講清講楚	
	星期三 今日有樓睇			新聞透視 (5/23 & 30 暫停)		1:00	鬼同你OT	5/3
	星期四 樓計專家		12:00 PM	香港, 國際新聞		2:00	星期日檔案	
	星期五 今日有樓睇		12:30	最強生命線		2:30	早D知早D醫	
10:45	娛樂新聞報道			鬼同你OT	5/9		拍檔廚房	5/10
11:15	劇集:		1:00	大步走		3:00	一條麻甩在汕頭 (重播)	
	. 正義女神		2:00	醫啲阿媽都唔知	5/2	3:30	退休有棟乜計	
	. 重案解密	5/4	2:30	醫美直擊 首爾篇 (重播)			娛樂新聞報道	5/24
	. 香港探秘地圖	5/20	3:00	冲遊泰國 (重播)		4:00	Hands Up	
12:15 PM	香港, 國際新聞		3:30	一個好人 (重播)	5/23	4:30	澳洲潮什麼 (重播)	
12:45	精選劇場:			娛樂新聞報道			南極潮什麼 (重播)	5/17
	. 荷里活有個大老千		4:00	Hands Up		5:00	地球大神秘 (重播)	
	. 跳躍生命線	5/4	4:30	思家大戰 (重播)		5:30	吃貨橫掃深圳 (重播)	5/3
1:40	流行都市		5:00	周六聊Teen谷 (重播)		6:00	一條麻甩在汕頭 (重播)	
2:25	東張西望		5:30	最強生命線 (重播)		6:30	財經透視	
2:50	劇集:		6:00	新聞透視 (重播)		7:00	香港, 國際晚間新聞	
	. 機智女法醫2		6:30	美食新聞周報 (重播)		7:30	退休有棟乜計 (重播)	
	. 吳邪私家筆記	5/8	7:00	香港, 國際晚間新聞			娛樂新聞報道 (重播)	5/24
3:45	處境喜劇:		7:30	冲遊泰國 (重播)(5/23 & 30 暫停)		8:00	星期日檔案 (重播)	
	. 愛·回家之開心速遞			劇集:(重播)		8:30	中年好聲音4 (5/3 8:30pm-11pm)	
4:15	Hands Up		8:00	. 香港探秘地圖 (5/23 & 30 7:30pm-8:30pm)	5/30	10:30	奇情谷 (5/3 暫停)	
4:45	娛樂新聞報道 (重播)			一個好人 (重播)			澳洲潮什麼 (重播)(唯5/3 11pm-11:30pm)	
5:15	試真D		8:30	娛樂新聞報道 (重播)(5/23 & 30 暫停)		11:30	直播靈接觸 (重播)	5/24
	魔音女團	5/4		唱錢			東張西望	
	周遊人生	5/18	9:30	一周星星	5/2			
5:45	INFO / 時事資訊		10:15	J Music	5/2			
6:00	翡翠劇場:		11:00	醫美直擊 首爾篇 (重播)				
	. 樓奴		11:30	東張西望				
	. 寶寶大過天	5/11						
7:00	美加新聞							
7:30	處境喜劇:(重播)							
	. 愛·回家之開心速遞							
8:00	劇集:(重播)							
	. 正義女神	5/4						
	. 重案解密	5/20						
9:00	星期一 今日有樓睇 (重播)							
	星期二 新聞掏寶 (重播)							
	星期三 今日有樓睇 (重播)							
	星期四 樓計專家 (重播)							
	星期五 今日有樓睇 (重播)							
9:30	香港, 國際晚間新聞							
10:00	黃金劇場:							
	. 機智女法醫2							
	. 吳邪私家筆記	5/8						
11:00	試真D (重播)							
	魔音女團 (重播)	5/4						
	周遊人生 (重播)	5/18						
11:30	東張西望 (重播)							
西岸	星期二至六	日期開始	西岸	星期日	日期開始	西岸	星期一	日期開始
12:00 AM	香港·國際午間新聞		12:00 AM	香港·國際午間新聞		12:00 AM	香港·國際午間新聞	
12:30	精選劇場(重播):		12:30	最強生命線 (重播)		12:30	地球大神秘 (重播)	
	. 荷里活有個大老千		1:00	一周星星 (重播)		1:00	早D知早D醫 (重播)	
	. 跳躍生命線	5/5	1:45	娛樂新聞報道 (重播)(5/24 暫停)			拍檔廚房 (重播)	5/11
1:20	美加新聞 (重播)			劇集 (重播):		1:30	娛樂新聞報道	
1:45	劇集 (重播):			. 香港探秘地圖 (唯5/24 1:45am-2:30am)		2:00	財經透視 (重播)	
	. 正義女神		2:00	新聞透視 (重播)(5/24 暫停)		2:30	星期日檔案 (重播)	
	. 重案解密	5/5	2:30	美食新聞周報 (重播)		3:00	吃貨橫掃深圳 (重播)	
	. 香港探秘地圖	5/21	3:00	思家大戰 (重播)		3:25	一條麻甩在汕頭 (重播)	
2:35	娛樂新聞報道 (重播)		3:25	周六聊Teen谷 (重播)		3:50	香港國際午間新聞(重播)	
3:00	香港·國際午間新聞 (重播)		3:50	香港國際午間新聞(重播)		4:15	退休有棟乜計 (重播)	
3:25	翡翠劇場 (重播)		4:15	醫啲阿媽都唔知 (重播)	5/3		南極潮什麼 (重播)	5/25
	. 樓奴		4:40	醫美直擊 首爾篇 (重播)		4:40	直播靈接觸 (重播)	
	. 寶寶大過天	5/12	5:05	冲遊泰國 (重播)		5:30	娛樂新聞報道 (重播)	
4:15	處境喜劇:(重播)			一個好人 (重播)	5/24			
	. 愛·回家之開心速遞			娛樂新聞報道 (重播)				
4:40	劇集 (重播黃金劇場)							
	. 機智女法醫2							
	. 吳邪私家筆記	5/9						
5:30	娛樂新聞報道 (重播)							



TVB SF(Jade) Cable

Program Listing Subject To Change And Final Broadcast Time Shall Prevail  
Or Go To www tvb.com For More Information



2026 May Program Schedule

Issue Date: 4/14/2026  
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PDT	Mon - Fri	Date Start	PDT	Saturday	Date Start	PDT	Sunday	Date Start
6:00 AM	Scoop (Repeat)		6:00 AM	Scoop (Repeat)		6:00 AM	Scoop (Repeat)	
6:30	Hong Kong, World News		6:30	Hong Kong, World News				
8:30	Big City Shop					6:30	Hong Kong, World News	
9:15	Try It? Really? (Repeat)		9:00	Thai Rogered (Sr.11)		9:00	Made In Shantou	
	Magic Voice (Repeat)	5/5		Kindness Is Priceless	5/23			
	Don't You Know Life is a Journey? (Repeat)	5/19				9:30	Shock Mystery	
9:45	Drama (Repeat): . Lo And Behold		9:30	Don't Worry Be Pretty - Seoul		10:00	Shenzhen Foodbusters	5/3
			10:00	ChatSAT				
10:15	Mon. Property Today		10:30	Gourmet Express Weekly		10:30	Hipster Tour - Australia	
	Tue. News Treasury		11:00	Family Feud (Sr.2)(5/23 & 30 Pre-empted)			Hipster Tour - Antarctica	5/17
	Wed. Property Today			Drama : . The Map Of Truth (5/23 & 30 11am-12pm)		11:00	You Are Not Alone	
	Thur. Property Experts		11:30	News Magazine (5/23 & 30 Pre-empted)				
	Fri. Property Today					12:00	PM Hong Kong, World News	
10:45	Entertainment News		12:30	Vital Lifeline		12:30	On The Record	
11:15	Drama : . Themis . Case X Decoded . The Map Of Truth	5/4 5/20	1:00	The Runner Ghost of Relativity	5/9	1:00	Ghost of Relativity	5/3
12:15	PM Hong Kong, World News		2:00	Mother Knows Best, Doctor Know The Facts	5/2	2:00	Sunday Report	
12:45	Drama: . I Bet Your Pardon . Life On The Line	5/4	2:30	Don't Worry Be Pretty - Seoul (Repeat)		2:30	The Sooner The Better Partners' Kitchen	5/10
1:40	Big City Shop		3:00	Thai Rogered (Sr.11) (Repeat)		3:00	Made In Shantou (Repeat)	
2:25	Scoop			Kindness Is Priceless (Repeat)	5/23	3:30	Retirement Reimagined Entertainment News	5/24
2:50	Drama: . The Imperial Coroner 2 . Time Raiders	5/8	3:30	Entertainment News		4:00	Hands Up	
3:45	Sit-com: . Lo And Behold		4:00	Hands Up		4:30	Hipster Tour - Australia (Repeat)	
4:15	Hands Up		4:30	Family Feud (Sr.2) (Repeat)			Hipster Tour - Antarctica (Repeat)	5/17
4:45	Entertainment News (Repeat)		5:00	ChatSAT (Repeat)		5:00	Shock Mystery (Repeat)	
5:15	Try It? Really? Magic Voice	5/4	5:30	Vital Lifeline (Repeat)		5:30	Shenzhen Foodbusters (Repeat)	5/3
	Don't You Know Life is a Journey?	5/18	6:00	News Magazine (Repeat)		6:00	Made In Shantou (Repeat)	
5:45	INFO / Current Affairs & Information		6:30	Gourmet Express Weekly (Repeat)		6:30	Finance Magazine	
6:00	Jade Drama: . Brick Slaves . Plan "B"	5/11	7:00	Hong Kong World News Roundup		7:00	Hong Kong World News Roundup	
7:00	US-Canada News		7:30	Thai Rogered (Sr.11) (Repeat)(5/23 & 30 Pre-empted)		7:30	Retirement Reimagined (Repeat)	
7:30	Sit-com (Repeat) . Lo And Behold			Drama:(Repeat) . The Map Of Truth (5/23 & 30 7:30pm-8:30pm)			Entertainment News (Repeat)	5/24
8:00	Drama:(Repeat) . Themis . Case X Decoded . The Map Of Truth	5/4 5/20	8:00	Kindness Is Priceless (Repeat)	5/30	8:00	Sunday Report (Repeat)	
9:00	Mon. Property Today (Repeat)			Entertainment News (Repeat)(5/23 & 30 Pre-empted)		8:30	Midlife, Sing & Shine!4 (5/3 8:30pm-11pm)	
	Tue. News Treasury (Repeat)		8:30	Music Money Monster		10:30	Mystery Files (5/3 Pre-empted)	
	Wed. Property Today (Repeat)		9:30	Star Weekly	5/2		Hipster Tour - Australia (Repeat)(5/3 only 11pm-11:30pm)	5/24
	Thur. Property Experts (Repeat)		10:15	J Music	5/2		You Are Not Alone (Repeat)	
	Fri. Property Today (Repeat)		11:00	Don't Worry Be Pretty - Seoul (Repeat)		11:30	Scoop	
9:30	Hong Kong, World News Roundup		11:30	Scoop				
10:00	Gold Drama: . The Imperial Coroner 2 . Time Raiders	5/8						
11:00	Try It? Really? (Repeat) Magic Voice (Repeat)	5/4						
	Don't You Know Life is a Journey? (Repeat)(5/18 Pre-empted)	5/18						
11:30	Scoop (Repeat)							
PDT	Tuesday - Saturday	Date Start	PDT	Sunday	Date Start	PDT	Monday	Date Start
12:00 AM	Hong Kong, World Noon News		12:00 AM	Hong Kong, World Noon News		12:00 AM	Hong Kong, World Noon News	
12:30	Drama (Repeat): . I Bet Your Pardon . Life On The Line	5/5	12:30	Vital Lifeline (Repeat)		12:30	Shock Mystery (Repeat)	
1:20	US-Canada News (Repeat)		1:00	Star Weekly (Repeat)		1:00	The Sooner The Better (Repeat)	
1:45	Drama: (Repeat): . Themis . Case X Decoded . The Map Of Truth	5/5 5/21	1:45	Entertainment News (Repeat)(5/24 & 31 Pre-empted)			Partners' Kitchen (Repeat)	5/11
2:35	Entertainment News (Repeat)			Drama: (Repeat): . The Map Of Truth (5/24 & 31 1:45am-2:30am)		1:30	Entertainment News	
3:00	Hong Kong, World Noon News (Repeat)		2:00	News Magazine (Repeat)(5/24 & 31 Pre-empted)		2:00	Finance Magazine (Repeat)	
3:25	Drama(Repeat): . Brick Slaves . Plan "B"	5/12	2:30	Gourmet Express Weekly (Repeat)		2:30	Sunday Report (Repeat)	
4:15	Sit-com (Repeat) . Lo And Behold		3:00	Family Feud (Sr.2) (Repeat)		2:30	Sunday Report (Repeat)	
4:40	Drama(Repeat Gold Drama) . The Imperial Coroner 2 . Time Raiders	5/9	3:25	ChatSAT (Repeat)		3:00	Shenzhen Foodbusters (Repeat)	5/4
5:30	Entertainment News (Repeat)		3:50	Hong Kong World Noon News(Repeat)		3:25	Made In Shantou (Repeat)	
			4:15	Mother Knows Best, Doctor Know The Facts (Repeat)	5/3	3:50	Hong Kong World Noon News (Repeat)	
			4:40	Don't Worry Be Pretty - Seoul (Repeat)		4:15	Retirement Reimagined (Repeat)	
			5:05	Thai Rogered (Sr.11) (Repeat)			Hipster Tour - Antarctica (Repeat)	5/25
			5:30	Kindness Is Priceless (Repeat)	5/24	4:40	You Are Not Alone (Repeat)	
				Entertainment News (Repeat)		5:30	Entertainment News (Repeat)	