

翡翠綜合台簡介 (紐約)

TVBJ1 Introduction

頻道簡介

翡翠綜合台 (紐約 TVBJ1)，是一條免費為北美觀眾度身打造的電視綜合頻道，其多元化節目內容包括熱門劇集、香港、北美和世界各地的每日新聞、以及各種訪談節目和賽馬直擊報導等。

(語言：廣東話；字幕：繁體中文)



Channel Introduction

TVBJ1 is a general entertainment television channel designed for viewers, accessible for free on carrier platforms. Its diverse program content includes popular dramas, daily news from Hong Kong, the United States, and around the world. Additionally, viewers can enjoy various talk shows and comprehensive horse racing coverage.

(Language: Cantonese; Subtitle: Trad. Chinese)





TVB J1 翡翠綜合台(紐約)

節目如有更改以電視台最後公佈為準
或參閱網址 www.tvbusa.com



2026年3月份節目表 (日期以東岸時間為準)

Issue Date: 2/23/2026
Revised: 2/25/2026

東岸		西岸		星期一至五	日期開始	東岸		西岸		星期六	日期開始	東岸		西岸		星期日	日期開始
6:00 AM	3:00 AM	娛樂新聞報道 (重播昨日)(3/4 暫停) 賽馬直擊 (3/11, 18 & 25 6:25am-11:05am)				6:00 AM	3:00 AM	娛樂新聞報道 (重播昨日)				6:00 AM	3:00 AM	娛樂新聞報道 (重播昨日)(3/22 6:10am-6:30am)(3/29 暫停)			
6:30	3:30	香港, 國際新聞 (3/4, 11, 18 & 25 暫停)				6:30	3:30	香港, 國際新聞				6:30	3:30	香港, 國際新聞			
9:00	6:00	東張西望 (重播昨日)(3/4, 11, 18 & 25 暫停) 高潮劇集: 愛·回家之開心速遞 (重播)(3/4 10:05am-10:30am)(3/11, 18 & 25 11:05am-11:30am)				9:00	6:00	東張西望 (重播昨日)				9:00	6:00	東張西望 (重播昨日)			
9:30	6:30	一馬當先大運 (重播)				9:30	6:30	新聞掏寶 (重播)				9:30	6:30	新聞掏寶 (重播)			
10:00	7:00	塔斯曼尼亞潮什麼 (重播)(3/4 暫停)				10:00	7:00	最強生命線				10:00	7:00	最強生命線			
		尋歡作樂的姐姐 (重播)(3/11, 18 & 25 暫停)				10:30	7:30	劇集 (重播昨日):(10:30am-11:30am) . 守誠者				10:30	7:30	劇集 (重播昨日):(10:30am-11:30am) . 守誠者			
		攻你上大學 (重播)															
10:30	7:30	劇集 (重播昨日): . 俠醫 . 守誠者 (3/11, 18 & 25 暫停)				11:30	8:30	娛樂新聞報道				11:30	8:30	娛樂新聞報道			
		. TBC															
11:30	8:30	娛樂新聞報道				12:00 PM	9:00	香港, 國際新聞				12:00 PM	9:00	香港, 國際新聞			
12:00 PM	9:00	香港, 國際新聞				12:30	9:30	不可能任務 澳門25個第一				12:30	9:30	不可能任務 澳門25個第一			
12:30	9:30	精選劇場: . 陀槍師姐2021 . 荷里活有個大老千				1:00	10:00	新聞透視				12:30	9:30	娛樂新聞報道			
						1:30	10:30	溜走的真味 家常便飯爭霸戰				1:30	10:30	溜走的真味 家常便飯爭霸戰			
1:30	10:30	流行都市				2:00	11:00	大步走				2:00	11:00	大步走			
2:15	11:15	Hands Up				3:00	12:00 PM	Hands Up				3:00	12:00 PM	Hands Up			
2:45	11:45	娛樂新聞報道				3:30	12:30	最強生命線 (重播)				3:30	12:30	最強生命線 (重播)			
3:15	12:15 PM	劇集: . 麻雀樂園 . 親愛的仇敵				4:00	1:00	周六聊Teen谷				4:00	1:00	周六聊Teen谷			
						4:30	1:30	荷蘭衝工 (重播)				4:30	1:30	荷蘭衝工 (重播)			
4:15	1:15	財經透視 (重播星期日)				5:00	2:00	美食新聞報道				5:00	2:00	美食新聞報道			
		講清講楚 (重播星期日)															
		新聞透視 (重播星期六)															
		星期日檔案 (重播星期日)															
		最強生命線 (重播星期日)															
4:45	1:45	今日有樓睇				5:30	2:30	不可能任務 (Sr3)(重播)				5:30	2:30	不可能任務 (Sr3)(重播)			
		新聞掏寶				6:00	3:00	東張西望				6:00	3:00	東張西望			
		今日有樓睇															
		樓計專家				6:30	3:30	恩雨之聲				6:30	3:30	恩雨之聲			
		今日有樓睇				7:00	4:00	香港, 國際晚間新聞				7:00	4:00	香港, 國際晚間新聞			
5:15	2:15	塔斯曼尼亞潮什麼				7:30	4:30	健康Tick Talk				7:30	4:30	健康Tick Talk			
		尋歡作樂的姐姐				7:45	4:45	娛樂新聞報道 (重播)				7:45	4:45	娛樂新聞報道 (重播)			
		攻你上大學				8:00	5:00	新聞透視 (重播)				8:00	5:00	新聞透視 (重播)			
5:45	2:45	INFO / 娛樂頭條 及 環球新聞檔案															
6:05	3:05	翡翠劇場: . BB來了 . 降魔的				8:30	5:30	劇集: . 守誠者				8:30	5:30	劇集: . 守誠者			
						9:30	6:30	解風東京2 (3/21 暫停) 博愛歡樂傳萬家 (唯3/21 9:30pm-11:30pm)				9:30	6:30	解風東京2 (3/21 暫停) 博愛歡樂傳萬家 (唯3/21 9:30pm-11:30pm)			
7:00	4:00	東張西望				10:00	7:00	一周星星 (3/14 & 28 10pm-10:45pm)(3/21 暫停)				10:00	7:00	一周星星 (3/14 & 28 10pm-10:45pm)(3/21 暫停)			
7:30	4:30	劇集: . 守誠者 . TBC				10:30	7:30	荷蘭衝工 (重播)				10:30	7:30	荷蘭衝工 (重播)			
						10:45	7:45	時事多面睇 (3/21 暫停)				10:45	7:45	時事多面睇 (3/21 暫停)			
8:30	5:30	香港, 國際晚間新聞				11:00	8:00	賽馬直擊 (唯2/28 11pm-5:10am) 溜走的真味 (重播) 家常便飯爭霸戰 (重播)(3/21 暫停)				11:00	8:00	賽馬直擊 (唯2/28 11pm-5:10am) 溜走的真味 (重播) 家常便飯爭霸戰 (重播)(3/21 暫停)			
9:00	6:00	處境喜劇: . 愛·回家之開心速遞															
9:30	6:30	美加新聞															
10:00	7:00	黃金劇場: . 麻雀樂園 . 親愛的仇敵															
11:00	8:00	塔斯曼尼亞潮什麼 (重播)															
		尋歡作樂的姐姐 (重播)															
		攻你上大學 (重播)															
11:30	8:30	娛樂新聞報道 (重播)				11:30	8:30	娛樂新聞報道 (重播)(2/28 & 3/7 暫停) 賽馬直擊 (3/21 11:55pm-6:10am)				11:30	8:30	娛樂新聞報道 (重播)			



Monday - Friday				Saturday				Sunday			
EDT	PDT		Date Start	EDT	PDT		Date Start	EDT	PDT		Date Start
6:00 AM	3:00 AM	Entertainment News (Repeat)(3/4 Pre-empted) Horse Racing Day (3/11, 18 & 25 6:25am-11:05am)		6:00 AM	3:00 AM	Entertainment News (Repeat)		6:00 AM	3:00 AM	Entertainment News (Repeat)(3/22 6:10am-6:30am)(3/29 Pre-empted)	
6:30	3:30	Hong Kong, World News (3/4, 11, 18 & 25 Pre-empted)		6:30	3:30	Hong Kong, World News		6:30	3:30	Hong Kong, World News	
9:00	6:00	Scoop (Repeat)(3/4, 11, 18 & 25 Pre-empted)		9:00	6:00	Scoop (Repeat)		9:00	6:00	Scoop (Repeat)	
9:30	6:30	Sit-com : Lo And Behold (Repeat)(3/4 10:05am-10:30am)(3/11, 18 & 25 11:05am-11:30am)		9:30	6:30	News Treasury (Repeat)		9:00	6:00	Scoop (Repeat)	
10:00	7:00	2026 Feng Shui and Fortune (Repeat)		10:00	7:00	Vital Lifeline		9:30	6:30	News Magazine (Repeat)	
		Hipster Tour-Tasmania (Repeat)(3/4 Pre-empted)	3/3	10:30	7:30	Drama : (Repeat Prev. day)(10:30am-11:30am)		10:00	7:00	Shock Mystery	
		Sis and the Temping Cities (Repeat)(3/11, 18 & 25 Pre-empted)	3/11			. Homeland Guardian	3/7	10:30	7:30	Gourmet Express	
		Game of Scholars (Repeat)	3/26	11:30	8:30	Entertainment News		11:00	8:00	Sleep Right, Sleep Tight	3/1
10:30	7:30	Drama : (Repeat Prev. day)		12:00 PM	9:00	Hong Kong, World News		12:30	9:30	Entertainment News	
		. Heroes In White		12:30	9:30	Profession Impossible (Sr.3)	3/7	11:30	8:30	Entertainment News	
		. Homeland Guardian (3/11, 18 & 25 Pre-empted)	3/3			Macau 25 Best	3/28	12:00 PM	9:00	Hong Kong, World News	
		. TBC	3/31	1:00	10:00	News Magazine		12:30	9:30	Stolen Taste Of Tokyo	3/1
11:30	8:30	Entertainment News		1:30	10:30	The Vanishing Tastes		1:00	10:00	Finance Magazine	
12:00 PM	9:00	Hong Kong, World News		2:00	11:00	The Runner	3/14	1:30	10:30	On The Record	
12:30	9:30	Drama:		3:00	12:00 PM	Hands Up		2:00	11:00	The Runner	
		. Armed Reaction 2021		3:30	12:30	Vital Lifeline (Repeat)		3:00	12:00 PM	Showers Of Blessing (Repeat)	
		. I Bet Your Pardon	3/23	4:00	1:00	ChatSAT		3:30	12:30	Hands Up	
1:30	10:30	Big City Shop		4:30	1:30	Holland Good Job (Repeat)		4:00	1:00	Mystery Files	
2:15	11:15	Hands Up		5:00	2:00	Gourmet Express	3/14	5:00	2:00	Gourmet Express (Repeat)	
2:45	11:45	Entertainment News		5:30	2:30	Profession Impossible (Sr.3)(Repeat)	3/7	5:30	2:30	Stolen Taste Of Tokyo (Repeat)	3/1
3:15	12:15 PM	Drama:		6:00	3:00	Scoop		6:00	3:00	Scoop	
		. Heavenly Hand		6:30	3:30	Showers Of Blessing		6:30	3:30	Sunday Report	
		. Dear Enemy	3/3	7:00	4:00	Hong Kong World News Roundup		7:00	4:00	Hong Kong World News Roundup	
4:15 MON	1:15 MON	Finance Magazine (Repeat Sun)		7:30	4:30	Health Tick Talk		7:30	4:30	Entertainment News (Repeat)	
TUE	TUE	On The Record (Repeat Sun)		7:45	4:45	Entertainment News (Repeat)		8:00	5:00	News Magazine (Repeat)	
WED	WED	News Magazine (Repeat Sat)		8:00	5:00	News Magazine (Repeat)		8:30	5:30	Drama:	
THUR	THUR	Sunday Report (Repeat Sun)				. Homeland Guardian	3/7	9:30	6:30	Tokyo Unlock (Sr.2)(3/21 Pre-empted)	
FRI	FRI	Vital Lifeline (Repeat Sun)				. Pok Oi Charity Show 2026 (3/21only 9:30pm-11:30pm)		10:00	7:00	Star Weekly (3/14 & 28 10pm-10:45pm)(3/21 Pre-empted)	
4:45 MON	1:45 MON	Property Today		5:30	2:30	Profession Impossible (Sr.3)(Repeat)	3/7	10:30	7:30	Holland Good Job (Repeat)	
TUE	TUE	News Treasury		6:00	3:00	Scoop		10:45	7:45	A Closer Look (3/21 Pre-empted)	3/14
WED	WED	Property Today		6:30	3:30	Showers Of Blessing		11:00	8:00	Horse Racing Day (2/28 only 11pm-5:10am)	
THUR	THUR	Property Experts		7:00	4:00	Hong Kong World News Roundup				The Vanishing Tastes (Repeat)	
FRI	FRI	Property Today		7:30	4:30	Health Tick Talk				Clash Of Home Chefs (Repeat)(3/21 Pre-empted)	3/14
5:15	2:15	Hipster Tour-Tasmania	3/2	7:45	4:45	Entertainment News (Repeat)				Horse Racing Day (3/7 11pm-6am)	
		Sis and the Temping Cities	3/10	8:00	5:00	News Magazine (Repeat)		11:30	8:30	Entertainment News (Repeat) (2/28 & 3/7 Pre-empted)	
		Game of Scholars	3/25			. Homeland Guardian	3/7			Horse Racing Day (3/21 11:55pm-6:10am)	
5:45	2:45	INFO / Extra + International News File				. TBC	3/30	10:30	7:30	Entertainment News (Repeat)	
6:05	3:05	Jade Drama:		10:30	7:30	Holland Good Job (Repeat)		10:45	7:45	A Closer Look (3/21 Pre-empted)	3/14
		. Who Wants A Baby?		10:00	7:00	Star Weekly (3/14 & 28 10pm-10:45pm)(3/21 Pre-empted)		8:00	5:00	Finance Magazine (Repeat)	
		. The Exorcist's Meter	3/13	10:30	7:30	Holland Good Job (Repeat)		8:30	5:30	Midlife, Sing & Shine4	
7:00	4:00	Scoop		10:45	7:45	A Closer Look (3/21 Pre-empted)	3/14	10:30	7:30	Mystery Files (Repeat)	
7:30	4:30	Drama:		11:00	8:00	Horse Racing Day (2/28 only 11pm-5:10am)		11:30	8:30	Entertainment News (Repeat)	
		. Homeland Guardian	3/2			The Vanishing Tastes (Repeat)					
		. TBC	3/30			Clash Of Home Chefs (Repeat)(3/21 Pre-empted)	3/14				
8:30	5:30	Hong Kong, World News Roundup				Horse Racing Day (3/7 11pm-6am)					
9:00	6:00	Sit-com:		11:30	8:30	Entertainment News (Repeat) (2/28 & 3/7 Pre-empted)					
		. Lo And Behold				. Homeland Guardian	3/7				
9:30	6:30	US-Canada News				. TBC	3/30				
10:00	7:00	Gold Drama:									
		. Heavenly Hand									
		. Dear Enemy	3/3								
11:00	8:00	Hipster Tour-Tasmania (Repeat)	3/2								
		Sis and the Temping Cities (Repeat)	3/10								
		Game of Scholars (Repeat)	3/25								
11:30	8:30	Entertainment News (Repeat)									