

三藩市(翡翠台)有線電視簡介

SF Cable (TVB) Introduction

頻道簡介

翡翠台，是三藩市地區的專屬電視綜合頻道，節目內容涵蓋熱門劇集、經典劇集、香港、北美和世界各地的每日新聞、以及各種訪談節目等。

(語言：廣東話；字幕：繁體中文)



Channel Introduction

Jade Channel is a general entertainment channel especially tailored for the San Francisco area. It features the popular dramas, classic dramas, daily news from Hong Kong, the United States, and around the world, as well as various talk shows.

(Language: Cantonese;
Subtitle: Traditional Chinese)





TVB 三藩市(翡翠台) 有線電視

節目如有更改以電視台最後公佈為準
或參閱網址: www.tvbusa.com

2026年1月份節目表

Issue Date: 12/16/2025
Revised: 1/7/2026

西岸	星期一至五	日期 開始	西岸	星期六	日期 開始	西岸	星期日	日期 開始
6:00 AM	東張西望(重播)		6:00 AM	東張西望(重播)		6:00 AM	東張西望(重播)	
6:30	香港, 國際新聞		6:30	香港, 國際新聞		6:30	香港, 國際新聞	
8:30	流行都市							
9:15	尋歡作樂的姐姐(重播)	1/8	9:00	老友記		9:00	澳門25個第一	1/4
9:45	處境喜劇(重播): . 愛·回家之開心速遞(1/2暫停) 東華三院善道同行(唯1/2)		9:30	旅行最緊要近 LAW霸女神(1/17 暫停) 尋歡作樂的姐姐(唯1/17)	1/10	9:30	地球大神秘	
10:15	星期一 今日有樓睇		10:00	周六聊Teen谷		10:00	起動南沙	
	星期二 新聞掏寶		10:30	美食新聞報道(港台篇)			身體最誠實	1/18
	星期三 今日有樓睇							
	星期四 樓計專家		11:00	關東·路駅十三		10:30	獨嘉馴過界指南	
	星期五 今日有樓睇		11:30	新聞透視			非洲湖什麼	1/25
10:45	娛樂新聞報道							
11:15	劇集: . 守誠者 . 非常檢控觀	1/19	12:00 PM	香港, 國際新聞		11:00	直播靈接觸	
			12:30	最強生命線				
12:15 PM	香港, 國際新聞		1:00	錦心似玉		12:00 PM	香港, 國際新聞	
12:45	精選劇場: . 白色強人 . 我家無難事	1/5	2:00	台灣萌萌的 解風東京2	1/10	12:30	講清講楚	
1:40	流行都市		2:30	旅行最緊要近(重播) LAW霸女神(重播)(1/17 暫停) 尋歡作樂的姐姐(重播)(唯1/17)	1/10	1:00	錦心似玉	
2:25	東張西望		3:00	老友記(重播)		2:00	星期日檔案	
2:50	劇集: . 錦囊妙錄 . 綻放的許開心	1/13	3:30	娛樂新聞報道		2:30	呢間老宅老過你老爺	
3:45	處境喜劇: . 愛·回家之開心速遞(1/1暫停) 東華三院善道同行(唯1/1)		4:00	Hands Up		3:00	澳門25個第一(重播)	1/4
			4:30	關東·路駅十三(重播)		3:30	無窮之路 V - 智行無疆	
4:15	Hands Up					4:00	Hands Up	
4:45	娛樂新聞報道(重播)		5:00	周六聊Teen谷(重播)		4:30	獨嘉馴過界指南(重播) 非洲湖什麼(重播)	1/25
5:15	TVB同行新世代節目巡禮2026 塔斯曼尼亞湖什麼 尋歡作樂的姐姐 在家宴客60道菜	1/1 1/2 1/5 1/19	5:30	最強生命線(重播)				
			6:00	新聞透視(重播)		5:00	地球大神秘(重播)	
5:45	INFO / 時事資訊		6:30	美食新聞報道(港台篇)(重播)		5:30	起動南沙(重播) 身體最誠實(重播)	1/18
6:00	翡翠劇場: . 贅婿 . 使徒行者2	1/2	7:00	香港, 國際晚間新聞		6:00	澳門25個第一(重播)	1/4
7:00	美加新聞		7:30	老友記(重播)		6:30	財經透視	
7:30	處境喜劇(重播) . 愛·回家之開心速遞(1/1暫停) 東華三院善道同行(唯1/1)		8:00	娛樂新聞報道(重播)(1/17 暫停) 慈善星輝仁濟夜(唯1/17 8pm - 10pm)		7:00	香港, 國際晚間新聞	
8:00	劇集(重播) . 守誠者 . 非常檢控觀	1/19	8:30	香港系列之原味道 唱錢(8:30pm-9:30pm)	1/24	7:30	無窮之路 V - 智行無疆(重播)	
			9:00	家傳之「保」(1/17 暫停)		8:00	星期日檔案(重播)	1/4
9:00	星期一 今日有樓睇(重播)		9:30	一周星星(1/17 暫停)	1/3	8:30	中年好聲音4(1/4 暫停) 萬千星輝頒獎典禮2025(唯1/4 8:30pm-12am) 準備唱錢(1/18 9:45pm-10pm) 奇情谷(1/4 暫停)	
	星期二 新聞掏寶(重播)		10:00	關東·路駅十三(重播)(1/17 暫停)		10:00	獨嘉馴過界指南(重播)(1/4 暫停) 非洲湖什麼(重播)	1/25
	星期三 今日有樓睇(重播)		10:30	台灣萌萌的(重播) 解風東京2(重播)	1/10	11:00	東張西望(1/4 暫停)	
	星期四 樓計專家(重播)							
	星期五 今日有樓睇(重播)		11:00	旅行最緊要近(重播) LAW霸女神(重播)(1/17 暫停) 尋歡作樂的姐姐(重播)(唯1/17)	1/10			
9:30	香港, 國際晚間新聞		11:30	東張西望				
10:00	黃金劇場: . 錦囊妙錄 . 綻放的許開心	1/13						
11:00	TVB同行新世代節目巡禮2026(重播) 塔斯曼尼亞湖什麼(重播) 尋歡作樂的姐姐(重播) 在家宴客60道菜(重播)	1/1 1/2 1/5 1/19						
11:30	東張西望(重播)							
西岸	星期二至六	日期 開始	西岸	星期日	日期 開始	西岸	星期一	日期 開始
12:00 AM	香港·國際午間新聞(1/1 12:10am-12:30am)		12:00 AM	香港·國際午間新聞		12:00 AM	香港·國際午間新聞	
12:30	精選劇場(重播): . 白色強人 . 我家無難事	1/6	12:30	最強生命線(重播)		12:30	地球大神秘(重播)	
			1:00	家傳之「保」(重播) 一周星星(重播)	1/25	1:00	呢間老宅老過你老爺(重播)	
1:20	美加新聞(重播)		1:30	娛樂新聞報道(重播)				
1:45	劇集(重播): . 守誠者 . 非常檢控觀	1/20	2:00	新聞透視(重播)		1:30	娛樂新聞報道	
			2:30	美食新聞報道(港台篇)(重播)		2:00	財經透視(重播)	
2:35	娛樂新聞報道(重播)					2:30	星期日檔案(重播)	
3:00	香港·國際午間新聞(重播)		3:00	關東·路駅十三(重播)		3:00	起動南沙(重播) 身體最誠實(重播)	1/19
3:25	翡翠劇場(重播) . 贅婿 . 使徒行者2	1/3	3:25	周六聊Teen谷(重播)		3:25	澳門25個第一(重播)	1/5
						3:50	香港·國際午間新聞(重播)	
4:15	處境喜劇(重播) . 愛·回家之開心速遞(1/2暫停) 東華三院善道同行(唯1/2)		3:50	香港·國際午間新聞(重播) 台灣萌萌的(重播) 解風東京2(重播)	1/11			
			4:15	旅行最緊要近(重播) LAW霸女神(重播)(1/18 暫停) 尋歡作樂的姐姐(重播)(唯1/18)	1/11	4:15	無窮之路 V - 智行無疆(重播)	
4:40	劇集(重播黃金劇場) . 錦囊妙錄 . 綻放的許開心	1/14	4:40	老友記(重播)		4:40	直播靈接觸(重播)	
			5:05	娛樂新聞報道(重播)		5:05	講清講楚(重播)	
5:30	娛樂新聞報道(重播)		5:30			5:30	娛樂新聞報道(重播)	



TVB SF(Jade) Cable

Program Listing Subject To Change And Final Broadcast Time Shall Prevail
Or Go To www tvbua.com For More Information



2026 January Program Schedule

Issue Date: 12/16/2025
Revised: 1/7/2026

PST	Mon - Fri	Date Start	PST	Saturday	Date Start	PST	Sunday	Date Start
6:00 AM	Scoop (Repeat)		6:00 AM	Scoop (Repeat)		6:00 AM	Scoop (Repeat)	
6:30	Hong Kong, World News		6:30	Hong Kong, World News		6:30	Hong Kong, World News	
8:30	Big City Shop							
9:15	Sis and the Tempting Cities (Repeat)	1/8	9:00	Christian's Choice		9:00	Macau 25 Best	1/4
9:45	Drama (Repeat): . Lo And Behold (1/2 Pre-empted) Tung Wah Charity Show 2025 (1/2 only)		9:30	Not Far From Here Law And Graces (1/17 Pre-empted) Sis and the Tempting Cities (1/17 only) ChatSAT	1/10	9:30	Shock Mystery	
10:15 Mon.	Property Today		10:00	Gourmet Express (HK & TW)		10:00	GO! Nansha Listen To Your Body	1/18
Tue.	News Treasury		10:30	Roadside Station Guide XIII		10:30	Overnighters Hipster Tour - Africa	1/25
Wed.	Property Today		11:00	News Magazine				
Thur.	Property Experts							
Fri.	Property Today		12:00 PM	Hong Kong, World News		11:00	You Are Not Alone	
10:45	Entertainment News		12:30	Vital Lifeline		12:00 PM	Hong Kong, World News	
11:15	Drama : . Homeland Guardian . The Unusual Prosecutor	1/19	1:00	The Sword and the Brocade		12:30	On The Record	
12:15 PM	Hong Kong, World News		2:00	Cute Taiwan Tokyo Unlock (Sr.2)	1/10			
12:45	Drama: . Big White Duel . The Kwoks And What	1/5	2:30	Not Far From Here (Repeat) Law And Graces (Repeat)(1/17 Pre-empted) Sis and the Tempting Cities (Repeat)(1/17 only)	1/10	1:00	The Sword and the Brocade	
1:40	Big City Shop		3:00	Christian's Choice (Repeat)		2:00	Sunday Report	
2:25	Scoop		3:30	Entertainment News		2:30	Houses of Time	
2:50	Drama: . Under the Moonlight . Double Happiness	1/13	4:00	Hands Up		3:00	Macau 25 Best (Repeat)	1/4
3:45	Sit-com: . Lo And Behold (1/1 Pre-empted) Tung Wah Charity Show 2025 (1/1 only)		4:30	Roadside Station Guide XIII (Repeat)		3:30	No Poverty Land V - Odyssey of Intelligence	
4:15	Hands Up		5:00	ChatSAT (Repeat)		4:00	Hands Up	
4:45	Entertainment News (Repeat)		5:30	Vital Lifeline (Repeat)		4:30	Overnighters (Repeat) Hipster Tour - Africa (Repeat)	1/25
5:15	TVB Showcase 2026 Hipster Tour-Tasmania Sis and the Tempting Cities 60 Delicacies For Guests	1/1 1/2 1/5 1/19	6:00	News Magazine (Repeat)		5:00	Shock Mystery (Repeat)	
5:45	INFO / Current Affairs & Information		6:30	Gourmet Express (HK & TW) (Repeat)		5:30	GO! Nansha (Repeat) Listen To Your Body (Repeat)	1/18
6:00	Jade Drama: . My Heroic Husband . Line Walker : The Prelude	1/2	7:00	Hong Kong World News Roundup		6:00	Macau 25 Best (Repeat)	1/4
7:00	US-Canada News		7:30	Christian's Choice (Repeat)		6:30	Finance Magazine	
7:30	Sit-com (Repeat) . Lo And Behold (1/1 Pre-empted) Tung Wah Charity Show 2025 (1/1 only)		8:00	Entertainment News (Repeat)(1/17 Pre-empted) Yan Chai Charity Show 2026 (1/17 only 8pm - 10pm)		7:00	Hong Kong World News Roundup	
8:00	Drama:(Repeat) . Homeland Guardian . The Unusual Prosecutor	1/19	8:30	Hong Kong: A Feast of Local Flavours (1/17 Pre-empted) Music Money Monster (8:30pm-9:30pm)	1/24	7:30	No Poverty Land V - Odyssey of Intelligence (Repeat)	
9:00 Mon.	Property Today (Repeat)		9:00	My Family Legacy (1/17 Pre-empted)		8:00	Sunday Report (Repeat)	1/4
Tue.	News Treasury (Repeat)		9:30	Star Weekly (1/17 Pre-empted)	1/3	8:30	Midlife, Sing & Shine!4 (1/4 Pre-empted) TV Awards Presentation 2025 (1/4 only 8:30pm-12am) Music Money Monster is coming to town (1/18 9:45pm-10pm) Mystery Files (1/4 Pre-empted)	
Wed.	Property Today (Repeat)		10:00	Roadside Station Guide XIII (Repeat)(1/17 Pre-empted)		10:00	Overnighters (Repeat)(1/4 Pre-empted) Hipster Tour - Africa (Repeat)	1/25
Thur.	Property Experts (Repeat)		10:30	Cute Taiwan (Repeat) Tokyo Unlock (Sr.2) (Repeat)	1/10	11:00	Scoop (1/4 Pre-empted)	
Fri.	Property Today (Repeat)		11:00	Not Far From Here (Repeat) Law And Graces (Repeat)(1/17 Pre-empted) Sis and the Tempting Cities (Repeat)(1/17 only)	1/10			
9:30	Hong Kong, World News Roundup		11:30	Scoop				
10:00	Gold Drama: . Under the Moonlight . Double Happiness	1/13						
11:00	TVB Showcase 2026 (Repeat) Hipster Tour-Tasmania (Repeat) Sis and the Tempting Cities (Repeat) 60 Delicacies For Guests (Repeat)	1/1 1/2 1/5 1/19						
11:30	Scoop (Repeat)							
PST	Tuesday - Saturday	Date Start	PST	Sunday	Date Start	PST	Monday	Date Start
12:00 AM	Hong Kong, World Noon News (1/1 12:10am-12:30am)		12:00 AM	Hong Kong, World Noon News		12:00 AM	Hong Kong, World Noon News	
12:30	Drama (Repeat): . Big White Duel . The Kwoks And What	1/6	12:30	Vital Lifeline (Repeat)		12:30	Shock Mystery (Repeat)	
1:20	US-Canada News (Repeat)		1:00	My Family Legacy (Repeat) Star Weekly (Repeat)	1/25	1:00	Houses of Time (Repeat)	
1:45	Drama: (Repeat): . Homeland Guardian . The Unusual Prosecutor	1/20	1:30	Entertainment News (Repeat)		1:30	Entertainment News	
2:35	Entertainment News (Repeat)		2:00	News Magazine (Repeat)		2:00	Finance Magazine (Repeat)	
3:00	Hong Kong, World Noon News (Repeat)		2:30	Gourmet Express (HK & TW) (Repeat)		2:30	Sunday Report (Repeat)	
3:25	Drama:(Repeat): . My Heroic Husband . Line Walker : The Prelude	1/3	3:00	Roadside Station Guide XIII (Repeat)		3:00	GO! Nansha (Repeat) Listen To Your Body (Repeat)	1/19
4:15	Sit-com (Repeat) . Lo And Behold (1/2 Pre-empted) Tung Wah Charity Show 2025 (1/2 only)		3:25	ChatSAT (Repeat)		3:25	Macau 25 Best (Repeat)	1/5
4:40	Drama:(Repeat Gold Drama) . Under the Moonlight . Double Happiness	1/14	3:50	Hong Kong World Noon News(Repeat)		3:50	Hong Kong World Noon News (Repeat)	
5:30	Entertainment News (Repeat)		4:15	Cute Taiwan (Repeat) Tokyo Unlock (Sr.2) (Repeat)	1/11	4:15	No Poverty Land V - Odyssey of Intelligence (Repeat)	
			4:40	Not Far From Here (Repeat) Law And Graces (Repeat)(1/18 Pre-empted) Sis and the Tempting Cities (Repeat)(1/18 only)	1/11	4:40	You Are Not Alone (Repeat)	
			5:05	Christian's Choice (Repeat)		5:05	On The Record (Repeat)	
			5:30	Entertainment News (Repeat)		5:30	Entertainment News (Repeat)	